

MOORPARK ACTIVE ADULT CENTER

799 MOORPARK AVENUE
MOORPARK, CALIFORNIA 93021

July 2010

SENIOR HOUSING GUIDE

This guide is published by the Moorpark Active Adult Center, City of Moorpark. The guide is designed to provide interested persons with information about senior housing complexes in Moorpark and the surrounding communities.

This guide is a basic list of independent living and retirement facilities and does not imply endorsement. The listings are not all-inclusive and are reported as accurately as possible for your use and establishment of effective references. Failure to list a senior housing complex implies no criticism.

A periodic update will be available. To inform us of corrections, additional information or changes of address or telephone number please call 805-517-6261.

City of Moorpark
Department of Parks, Recreation and Community Services
Moorpark Active Adult Center
799 Moorpark Avenue
Moorpark, CA 93021

805-517-6261

www.ci.moorpark.ca.us

What is an Independent Living Retirement Community?

Generally, this community is designed architecturally to be compatible with an older person's lifestyle, but offers no specific services beyond shelter, recreational activities, and security. Most communities offer a variety of social activities and programs in an on-site clubhouse such as golf, tennis, swimming, and other social amenities.

Structurally, an independent living retirement community can be built as single-family detached units, duplexes, mobile homes and other types of senior-oriented low-density developments, or it can include apartment buildings and condominiums designed for older persons. It typically does not provide meals or other basic services due to the proximity to nearby community services.

Communities vary from independent ownership of units to monthly rentals depending on the individual community. While most are composed of private pay market-rate units, some rental apartment buildings may be subsidized.

Independent living retirement communities are also sometimes called retirement villages and communities, leisure or adult communities, residential apartments, and residential villages.

Questions to ask at an Independent Living Retirement Community:

- Are there any up-front costs?
- What services are included in monthly fees
- What happens if you (or family member moving into the facility) run out of money? Does your facility accept state funding?
- What happens when resident needs additional care?

What is a graduated care facility?

Graduated care facilities, also known as continuing care retirement communities (CCRC) and life care communities, generally require that an individual be able to live independently upon becoming a resident in the community. As a resident begins to need more assistance, specific additional services are made available. Most graduated care facilities offer three basic levels of housing on an as needed basis: fully independent living; assisted living (personal care services); and skilled nursing care.

The basic idea of graduated care is that once someone becomes a resident, they never have to move again because any housing type and personal care services they will probably ever need are provided within the single campus setting. Graduated care guarantees housing and care across the continuum in that one community.

Graduated care facilities usually charge an entrance fee as well as a monthly payment for their residential, leisure and nursing services. In some cases, health care and personal care services can be paid for on an as needed basis. The entrance fee, formerly nonrefundable, now is generally refundable upon departure under a variety of specified conditions.

Basically, there are three types of graduated care facility contracts:

- *Extensive contract:* Covers shelter and residential services, amenities (e.g., swimming pool, possibly tennis courts and other types of recreation facilities), and unlimited long-term nursing care. The entrance fees and the monthly costs are usually higher than those under modified or fee-for-service contracts
- *Modified or fee-for-service contract:* Provides shelter, residential services and amenities, plus a specified amount of nursing care, which residents can obtain on an unlimited basis provided they pay for it at a daily or monthly nursing care rate
- *Fee-for-service continuing care contract:* Covers shelter, meals, residential services and amenities, and in addition emergency and short-term nursing care. Access to long-term nursing care is provided only upon a daily nursing care rate.

INDEPENDING LIVING/RETIREMENT COMMUNITIES***Agoura Hills*****Agoura Hills Senior Retreat**

5217 Chesebro Road
Agoura Hills, CA 91301
818-991-3544
www.ahseniorretreat.com

Description: Features independent living, assisted living, and Alzheimer's and dementia community. Newly decorated apartments come with a private bath and closet space. All rooms are equipped with phone, cable television, and computer access. Utilities (water, electric, A/C, and heat) included in rent. 24-hour staffing, daily meals and snacks, housekeeping services, daily newspapers, scheduled transportation, entertainment and activities. Non-smoking throughout. Emergency call system. Meal monitoring, medication assistance. Personalized care and services; assisted living services available and a full activity program.

Camarillo**Park Place Village**

903 Carmen Drive
Camarillo, CA 93010
805-484-2777
805-388-7837 - Fax
www.parkplacevillageretirementcommunity.org

Description: Non-profit organization offering independent, assisted living, and dementia care services which are available in 105 apartments, complete with full bath, walk-in closet, and sliding door to a private patio. Situated on a 4-acre property with landscaped courtyards and walking paths. Building features include activity rooms, craft and activity centers, a movie room, library, living rooms, salon and private dining room. Rates begin at \$1800/month. Basic services include 24-hour emergency response, weekly housekeeping and trash removal, laundry service, local scheduled transportation, well-balanced meals and snacks and all utilities including prewired cable television and telephone connection.

Fillmore**Orange Blossom Villa**

827 River Street
Fillmore, CA 93015
805-524-7979
805-524-7182 - Fax

Description: A retirement residence which also provides assisted living services. It features private and semi-private rooms, studios, one and two bedroom units, large activity rooms, a library, conference room, beauty parlor, and much more. Independent living services include daily meals, 24-hour security and staffing, transportation arrangements, planned activities, weekly housekeeping and laundry. Assisted living services include assistance with activities such as bathing and dressing, special diets, monitoring and dispensing medications, and care at night. Respite care is available for short term stays. Prices begin at \$2188/month. Call for details.

Moorpark**Tafoya Terrace Apartments**

Seniors and Disabled
344 Charles Street
Moorpark, CA 93021
805-529-8007
805-529-3908 - Fax

Description: Low cost senior and disabled housing complex. 30 1-bedroom units, gated complex. Opened 1986 and renovated in 1998.

Vintage Crest Apartments

805-531-1057

Complex & Rental Office:

4700 Park Lane

Moorpark, CA 93021

Description: For people age 55 and up. 190 units, all affordable; 80% low income, 20% very low income. Located on 9+ acres with 96 one-bedroom/1bath units (579 sq. ft.) and 62 two-bedroom/1 bath units (720 sq. ft.), and 32, two-bedroom/2bath units (844 sq. ft.). Clubhouse/community building with a recreation room, laundry facility, pool and spa, and landscaped grounds. All units have: pantry cabinets, dishwasher, wall-to-wall carpeting, blinds, air-conditioning, private entries and patio, ovens, garbage disposal, refrigerator/freezer and washer/dryer hookups. Located near shopping and public transportation. Operated under Section 42 of the Internal Revenue Code. Residents must meet qualifying income standards. Opened 2004 . Call rental office for more information; open Monday – Friday 9 a.m. – 4 p.m., Madeline Garcia, Manager.

Ojai**The Gables of Ojai**

701 N. Montgomery

Ojai, CA 93023

805-646-1446

805-646-3720 Fax

www.gablesfojai.com

Description: 49 independent units and 39 assisted living units set on 9-acres. Dispersed sitting areas among the rose gardens and sycamore trees on campus-like setting. Individual apartments clustered in small groups for privacy and independence. Newly remodeled clubhouse offers fireplace, group and individual seating areas, and game tables. Additional amenities include a heated pool, library, putting green, pianos, large-screened television and VCR. Services include meals, housekeeping, transportation, social programs and personal care as needed. Tours of The Gables are available. Assisted living is divided into two communities (see Assisted Living Guide for details).

Oxnard**Sycamore Senior Village**

333 North F Street
Oxnard, CA 93030
805-477-3004
805-391-4535

Description: Offer studios, one and two-bedroom apartments. Income limits apply and unit assignment will be determined by household size. Household applying must meet the following criteria: head of household must be over 55 years of age, acceptable credit, no criminal background record, good landlord reference, income restrictions apply. On-site amenities include staff, elevator access, computer/game room, multimedia rooms, community rooms, ball room, energy efficient appliances, Time Warner special rates, beauty salon, and pool/spa.

Port Hueneme**Mar Vista Apartments**

250 N. Ventura Road
Port Hueneme, CA 93041
805-986-6525

Description: 5-story low-income housing development with 40 studio apartments and 20 1-bedroom units. Must be 62 years of age or disabled and have an income that does not exceed the income limit. Applications are accepted Monday-Friday from 8 a.m. – 5 p.m. at the Housing Authority office, 250 N. Ventura Road, Port Hueneme, CA 93041. Call 805-986-6527 for more information.

Simi Valley**Ashlee Manor Senior Apartments**

4583 Cochran
Simi Valley, CA 93063
805-527-6364
www.ashleemanor.com

Description: 112-unit affordable housing complex in a landscaped setting. 1-bedroom and 2-bedroom units. Seven disabled-accessible units. For ages 62 and up. Independent living, private apartments. Small pets welcome. Activities director and programs, exercise classes, arts and crafts, birthday parties, pool, spa, shuffleboard, monthly pot-luck dinners. Recreation room for reading, games, socializing, fellowship meetings, bingo, billiards, cards. Month-to-month rental contracts. Office hours, Monday through Friday, 9:00 a.m. – 4:30 p.m. Visit our web site.

Las Serenas Senior Apartments

2090 Yosemite Avenue
Simi Valley, CA 93063
805-520-9542

Description: 108-unit affordable non smoking housing complex. Some units wheelchair accessible. For ages 62 and up. Pets under 25 pounds are welcome. Two story building- no elevator. Section 8 vouchers accepted.

Patricia Village Senior Apartments

1561-73 Patricia Avenue
Simi Valley, CA 93065
805-583-3639

Description: HUD-approved housing with 36 units, for ages 62 plus. No smoking. No pets allowed.

Simi Hills

950 Sunset Garden Lane
Simi Valley, CA 93065
805-520-3473
www.simihills.net

Description: This 96-unit complex opened in 2006. Amenities include activity room, library, game room, dining room, private dining room for gatherings. Studio, 1- and -2bedroom units include all utilities, except telephone. Month-to-month rent. Three home-cooked daily meals. Transportation provided for local shopping trips, doctor appointments, and other scheduled activities. Regularly scheduled excursions to cultural events, museums, and other places of interest.

Sorrento Villas Senior Apartments

415 Country Club Drive
Simi Valley CA 93065
805-527-7838
805-527-7895 – Fax
www.sorrento@jsco.net

Description: Built in 1999 this 148-unit affordable senior housing for seniors 62 years of age or greater is located in Wood Ranch. Ten two-story buildings with two central courtyards, a rose garden, and two community garden areas. Spa and clubhouse with scheduled activities open 8:00am-10:00pm. Bingo held weekly. Units are designed for fully independent living. One bedroom, one bath units are 570 sq ft. Two bedroom, one bath units are 725 sq ft. All units include patio or balcony with outdoor storage closet, interior storage, dishwasher, refrigerator and oven/stove. Assigned parking. Central heat and A/C, hot water, trash & sewer included. Residents pay electricity and natural gas for cooking. Small pets are welcome with an additional deposit of \$150. Dogs must be 30 lbs or less and 20 inches or less at the shoulder.

Residents must income qualify. Please contact on-site management for restrictions. Office open Monday-Friday 8:00am-5:00pm.

Westgate Senior Apartments

1850 Williams
Simi Valley, CA 93065
805-526-9302

Description: HUD-approved housing complex with 31 units. Accepts those with disabilities age 62 plus. Accepted by Simi Valley Crime-Free Multi-Housing Program. Non-HUD rents starts at \$850 for an upstairs unit and \$900 for a downstairs unit. No elevators provided, stairways are indoors and carpeted. No Pets.

Thousand Oaks**Atria Hillcrest**

405 Hodencamp Road
Thousand Oaks, CA 91360
805-373-0606
www.atriaseniorliving.com

Description: Community offers 138 studio and one- and two-bedroom apartments, each with a kitchenette and balcony or patio. Amenities include: three daily meals and snacks; garden dining room; private dining room, scheduled activities events and parties; a big screen TV; arts and crafts classes; exercise classes in the fitness room; library; full-service beauty salon and barbershop; medication monitoring; multi-level care programs; and personal laundry service. Respite service available. 24-hour staffing, emergency call system; all utilities including cable television (excludes telephone). Transportation provided to religious services, medical appointments, local shopping, banking and other personal errands. Assisted living program managed by a Registered Nurse and includes individualized care plan, personalized care, medication management, bathing, escorts, incontinent services. Services provided monthly include podiatrist, ophthalmologist and hearing screening. Licensed for independent and non-ambulatory. Oasis/Respite short-stay rooms available. Call Heather Edwall for a complimentary lunch and tour at (805) 373-0606. License #565800366.

Castle Hill Retirement Village

3575 N. Moorpark Road
Thousand Oaks, CA 91360
805-492-2471
805-492-7431 - Fax
www.castlehill.com

Description: Independent Living studios, 1 and 2 bedroom apartments also offered. Assisted Living private studio suites. Month to month rental. Community features activities, transportation, fitness center, swimming pool, spa, library and beauty salon. Rent includes 3 meals, all utilities (except phone), housekeeping, emergency response system, 24 hour security.

Glenn Oaks Apartments

145 E. Wilbur Road
Thousand Oaks, CA 91360
805-494-3120

Description: 39 1-bedroom units reserved for very low income seniors (Section 8 participants accepted). Office open Monday –Thursday 1 p.m. – 3 p.m., and Friday's 1 p.m. – 4 p.m.; closed on alternate Fridays.

Hillcrest Royale

190 E. Hillcrest Drive
Thousand Oaks, CA 91360
805-371-0035

Description: 118-unit facility features private or shared studios and suites. Rent starts from \$2400/month for private and \$1900/month for a shared unit. Independent and assisted living services are available. The monthly rate includes: three meals a day in addition to snacks, transportation and medical services, light daily housekeeping and a thorough cleaning once a week. Laundry as well as beauty/barber services are onsite. Activities include: outings, games, movies and exercise. Complimentary tour and lunch available.

Ventura**The Lexington**

5440 Ralston Street
Ventura, CA 93003
805-644-6710
805-644-7907 - Fax
www.brookdaleliving.com

Description: 114 apartments. The Lexington offers Independent and Assisted Living and is located on three acres with studio or a one bedroom apartments available. Monthly fee includes three meals a day, housekeeping, heated pool, jacuzzi, game room, library, sweet shop, one site movie theatre, 24-hour concierge, and wellness program. Small pets are welcome. Ambulatory and non-ambulatory. Skilled nursing facility next door.

West Hills**West Hills Retirement Center**

7055 Shoup Avenue
West Hills, CA 91307
818-883-7201
website: www.seniorhousing.net

Description: 45-room retirement community featuring 24-hour staffed security, medication assistance, private and semi-private rooms, central community areas, full-time activities director, fitness programs, home cooked meals and transportation. Entertainment and Family Days are featured at the center monthly. Located near medical facilities, shops and senior services. In-house beauty salon and doctor visits. Private Rooms - \$2,300/month and up; Shared Room - \$1400/month. All rooms include three meals, snacks, housekeeping and transportation to appointments. Medication Management assistance available for \$125/month.. Bathing and laundry services are also available for \$125/month and \$75/month respectively.

REFERRAL INFORMATION**Accent on Seniors**

17915 Ventura Blvd., Suite 26

Encino, CA 91316

818.401.0200

818.401.0201 - Fax

888.95.HOMES (toll free)

(888.954.6637)

www.accentonseniors.com websitewww.loris@accentonseniors.com e-mail

Accent on Seniors, a personalized referral placement service, offers recommendations to Retirement, Assisted Living, Board & Care, Skilled Nursing and Alzheimer's/Dementia facilities. Personalized, state licensed, community service is free of charge to families, seniors and health care professionals.

At Home Care

800-813-7007

Free community service helps locate appropriate living facility at no charge to consumer. Goal is to match senior's geographic, financial, social and physical needs with a facility. Personally visits, evaluates and rates every facility in Los Angeles and Orange counties. All levels of care, including Board and Care, Assisted Living facilities, Retirement Communities, Skilled Nursing Center and Alzheimer's/Dementia homes. Service is available 7 days a week. Licensed by the State of California Department of Health.

California Registry

800-777-7575

www.calregistry.com

Description: Free public service licensed by State of California, Department of Health Services, will provide health care referral information about short- or long-term housing in assisted living, retirement, and nursing homes – all levels of senior care. Information and referral is state-wide. Call toll-free number for referrals.

California Senior Living

100 E. Thousand Oaks Blvd. Suite #103
Thousand Oaks CA 91358
(805) 371-8080
(866) 275-4800 Toll Free
www.CaliforniaSeniorLiving.com

Located in Ventura County. A free community service for seniors and their families exploring Assisted Living as an option. Assists with referrals throughout California factoring in an individual's budget. Staff members can also arrange a free consultation for an individual and their family at their home.

Concepts for Living

6351 Owensmouth Avenue, Suite 203
Woodland Hills, CA 91367
800-414-4242
818-340-7272
818-340-7283 - Fax
www.conceptsforliving.com

Description: Provides referrals for retirement communities, board and care facilities, Alzheimer's homes. Works with a database of over 800 home and community residences. All facilities personally pre-screened. No charge to customer; facilities pay Concepts for Living a one-time fee when a client moves into a residence. Covers the Greater Los Angeles area, and Ventura county. Office hours – Monday through Friday 8:30 a.m. – 5:30 p.m.; available seven days a week.

Connections Referral Service

2658 Griffith Park Boulevard
Suite 224
Los Angeles, CA 90039
800-330-5993
www.carehomefinders.com

Description: Free service certified by Better Business Bureau to provide information and referrals for retirement, assisted living, nursing and Alzheimer's homes. Each home is personally visited and evaluated in terms of atmosphere, quality and level of care, staffing, experience of administrator and more.

Elderlink

800-613-5772

www.elderlink.org

Description: A free licensed referral service. Referrals to skilled nursing facilities, board and care home, retirement communities, and Assisted Living. Licensed by the Department of Health Services and Assisted Living.

Lutheran Social Services

80 E. Hillcrest Drive

Suite 101

Thousand Oaks, CA 91360

805-497-6207

Description: Housing referrals.

RESOURCE INFORMATION**Area Agency on Aging - Ventura County**

MSSP – Multipurpose Senior Services Program
646 County Square Drive, Suite 100
Ventura, CA 93003
805-477-7300
805-477-7312 - Fax

Description: Administers Older Americans Act funds for Ventura County to meet senior needs for nutrition, health promotion, employment, etc. Programs include: Information and Referral, Health Insurance Counseling and Advocacy Program (HICAP), Case Management Programs, and other senior services. VCAAA Advisory Council holds public meetings throughout the year; call for dates and times. Open Monday-Friday 8 a.m. – 5 p.m.

Area Housing Authority

1400 W. Hillcrest Drive
Newbury Park, CA 91320-2721
805-480-9991
www.ahacv.org

Description: Handles Section 8 Rental Assistance Program, Low Rent Public Housing Program. Eligibility for low rental assistance and low income public housing program are currently restricted to families meeting low income guidelines (call for income information). Applications will be accepted without regard for family income. Public Housing waiting list is open as of January 18, 2005. Eligibility is determined at the time a family reaches the top of the waiting list. The Housing Authority does close the list from time to time. Announcements regarding program are posted in the local newspaper

City of Simi Valley

Department of Environmental Services
Housing and Special Projects
2929 Tapo Canyon Road
Simi Valley, Ca 93063-2199
805-583-6700

Description: Has a list of rental housing in Simi Valley. Some apartment complexes listed provide Affordable Housing Units to eligible households within certain income categories.

City of Thousand Oaks

Housing Assistance Program for Seniors (HAPS)

City Hall, Finance Department

2100 Thousand Oaks Boulevard

Thousand Oaks, CA 91362-2903

805-449-2201

Description: Provides financial assistance for low income seniors age 62 and up residing in the City of Thousand Oaks. Open Monday through Friday, 8:00 a.m. – 5:00 p.m. Please bring in proof of income (Social Security, pensions, income from a job) as well as proof of residency (State ID, Driver's license, major utility bill, etc.).