

WINTER
2016-17

Moorpark Newsletter & RECREATION GUIDE

Breakfast with Santa

Pancake Breakfast • Crafts • Visits with Santa!

Saturday, December 17, 2016, Arroyo Vista Recreation Center

Always a sell out...register today!



Teen valentine
Cupcake Challenge





YOUTH BASKETBALL LEAGUE

WINTER 2016-17

Open to BOYS & GIRLS ages 5-13



Weekly practice (time/date TBD) • Saturday Games at Arroyo Vista Gym

Practices begin the week of January 2, 2017

First game on January 7, 2016

LEAGUE FEE INCLUDES: TEAM JERSEY, TEAM PHOTO, PIZZA PARTY & MEDAL

Registration Dates/Fees:

From 11/28 to 12/5, priority registration for **returning Fall 2016** players can be done via phone, online or in person. After 12/5, registration for all new or returning players will be on a first-come, first-served basis through the end of the evaluation day and time for each division listed below.

NEW WINTER Player Registration and All Player Evaluations:

\$84 Rookie Division (ages 5-7): Tuesday, December 6, 4:00 – 6:00 p.m.

\$94 Junior Division (ages 8-10): Wednesday, December 7, 4:00 – 6:00 p.m.

\$94 Teen Division (ages 11-13): Thursday, December 8, 4:00 – 6:00 p.m.

Registration is on a first-come, first-served basis.



For more info: Arroyo Vista Recreation Center • 805-517-6300 • moorparkca.gov

City of Moorpark

NEWSLETTER & RECREATION GUIDE

CITY OFFICIALS

City Council

Janice S. Parvin, Mayor
 Roseann Mikos, Ph.D., Councilmember
 Keith Millhouse, Councilmember
 David Pollock, Councilmember
 Mark Van Dam, Councilmember
 Email the entire City Council at
citycouncil@moorparkca.gov

Meetings held the first and third
 Wednesdays of every month at 6:30 p.m.
 Replayed on Moorpark TV (*MPTV) on
 the following Thursday at 6:30 p.m.,
 non-meeting Wednesdays at 6:30 p.m., and
 every Saturday at 2:00 p.m.

City Manager

Steven Kueny

Assistant City Manager

Deborah S. Traffenstedt

Arts Commission

Meetings held quarterly on the third Tuesday of
 the second month of the calendar quarter.
 (February, May, August, November)

Library Board

Meetings held the second Tuesday of the month at
 6:00 p.m.

Parks & Recreation Commission

Meetings held the first Monday of the month at
 6:30 p.m.

Planning Commission

Meetings held the fourth Tuesday of the month at
 7:00 p.m.
 Replayed on *MPTV the following Tuesday at 7:00 p.m.

Above meetings are held in the Apricot
 Room at City Hall and can be viewed at
 the City's website - www.moorparkca.gov

Teen Council

Meeting held the first Wednesday of the month at
 4:00 p.m.
 Meetings are held at the Arroyo Vista Recreation
 Center during the months of September to May.

*MPTV is available to customers subscribing to Time
 Warner Cable (Channel 10, 95 or 99) or AT&T U-Verse
 (Channel 99).



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IMPORTANT PHONE NUMBERS

City Hall	517-6200
Moorpark Police Services	532-2700
Active Adult Center	517-6261
Animal Services	517-6267
Arroyo Vista Recreation Center.....	517-6300
Building Permits.....	517-6272
City Job Line.....	517-6325
Community Emergency Response Team (CERT)	517-6241
Code Compliance Hotline	517-6297
Facility/Field Reservations.....	517-6300
Field Conditions 517-6300, Press 3 then 1	
Fire Station 40 (Cedar Springs).....	378-7000
Fire Station 42 (High Street).....	378-7008
Moorpark City Library	517-6370
Moorpark City Transit.....	517-6257
Solid Waste Programs.....	517-6247
Volunteers - Police.....	532-2707

(All numbers area code 805)



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MOORPARK MAGAZINE EDITORIAL STAFF

Moorpark Magazine

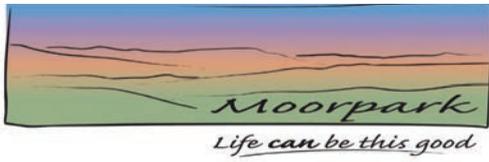
Editor and PIO: Brian Chong

Recreation Guide

Editor: Jennifer Mellon

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City Department Directory

For questions or information regarding City services, contact the City departments directly or call the City's central switchboard at (805) 517-6200.

Mayor & City Council Voicemail.....(805) 517-6222

City Manager's Office(805) 517-6221

Steven Kueny, City Manager
Administration of City Council decisions and policies, as well as the City's contracts with the Sheriff's Department and the City Attorney. Also manages and directs the activities of the five City departments.

Administrative Services Department(805) 517-6280

Deborah Traffenstedt, Assistant City Manager
Elections, City public records, and statutory City Clerk functions, bid coordination, risk management, public information office, communications, emergency management, human resources, information systems, solid waste, and recycling.

Community Development Department..(805) 517-6233

David Bobardt, Community Development Director
Zoning, building permits, building and safety, land use and General Plan administration, code compliance, vendor/solicitor permits, and film permits. Also manages economic development, business registrations, and housing programs.

Engineering/Public Works Department..(805) 517-6256

Sean Corrigan, City Engineer/Public Works Director
Street maintenance, storm drain maintenance, storm water quality, street lighting, traffic signals, street sweeping, graffiti abatement along public rights-of-way, public transit programs, street-related capital improvement projects, parking citation administration, City crossing guards, fleet maintenance, and City and development engineering services.

Finance Department.....(805) 517-6229

Ron Ahlers, Finance Director
Financial and central support services for the City, including revenue collection, treasury, purchasing, accounts payable, payroll, and assessment district administration.

Parks and Recreation Department(805) 517-6227

Jeremy Laurentowski, Parks and Recreation Director
Parks, recreation, Active Adult Center, Moorpark City Library, housing programs, sustainability, trees and landscape, City facilities, public art, animal/vector control, and High Street Arts Center contract.

Police Services.....(805) 532-2700

Captain John Reilly
Police services within the City including patrol, traffic, investigative and preventive services such as the School Resource Officer, Adopt-a-Cop program, and Volunteers in Policing (VIP).

Get Social! Check out our City Social Media

City of Moorpark
Moorpark City Library
Moorpark Recreation



Streetlight Out?
www.moorparkca.gov/streetlight

MOORPARK FACILITY DIRECTORY

Moorpark Civic Center
799 Moorpark Avenue
City Hall (805) 517-6200
Fax (805) 532-2205
moorpark@moorparkca.gov
Monday - Friday, 8:00 a.m. - 5:00 p.m.

Moorpark Police Services Center
610 Spring Road • (805) 532-2700
Monday - Friday, 8:00 a.m. - 5:00 p.m.

Moorpark Public Services Facility*
627 Fitch Avenue • (805) 517-6362
*Open by appointment only

Arroyo Vista Recreation Center
4550 Tierra Rejada Road
(805) 517-6300 • Fax (805) 532-2551
avrc@moorparkca.gov
Monday - Friday, 8:30 a.m. - 6:00 p.m.

Active Adult Center
799 Moorpark Avenue
(805) 517-6261 • fax (805) 532-2479
Monday - Friday, 8:00 a.m. - 4:00 p.m.

Moorpark City Library
699 Moorpark Avenue
(805) 517-6370
Monday - Thursday, 10:00 a.m. - 8:00 p.m.
Friday & Saturday, 10:00 a.m. - 5:00 p.m.
Sunday, 1:00 p.m. - 5:00 p.m.
www.moorparklibrary.org

High Street Arts Center
45 High Street
Box Office (805) 529-8700
www.hsac45.com

Ruben Castro Human Services Center
612 Spring Road • (805) 517-6227

R E G I S T R A T I O N D A T E S

Recreation Registration Begins 11/7/16

Mail-in Registration forms to
Attn: Recreation Registration
799 Moorpark Avenue
Moorpark, CA 93021

By Phone: (805) 517-6300
By Fax: (805) 532-2551

Register online at:
moorparkca.gov/recreg

Recreation classes will NOT be held on:
November 11, 24, 25
December 24, 25, 26, 31
January 1 and 2, 2017

Cooking Oil Drop-Off

Saturday, December 3

9:00 a.m. - 12:00 p.m.

Attention Thanksgiving Turkey Fryers!

- Bring your used cooking oil •
- Containers will not be returned •
- No business-generated oil •

Moorpark Public Services Facility
627 Fitch Avenue • (805) 517-6247



Presented by the City of Moorpark

FREE!

Got Oil?



Be a good neighbor...



Pick up after your pet.

VCALERT
EMERGENCY NOTIFICATION SYSTEM

If we can't reach you...
we can't alert you!

Sign up for VC Alert today
at READYVENTURA.ORG

Customize your profile to receive emergency
notifications from the County, Moorpark, and all
other Ventura County cities.

City of Moorpark Residents...

Do You Change Your Own Oil?



RECYCLE your USED OIL and
OIL FILTERS at one of the
following collection centers:

Jiffy Lube

797 W. Los Angeles Ave.
523-1100

AutoZone

455 W. Los Angeles Ave.
529-1080

Protect our drinking water, wildlife & beaches!



Please call to check on business hours and quantity limits before bringing your motor oil. Dispose of contaminated/dirty oil for FREE at a City of Moorpark Household Hazardous Waste event. Go to www.moorparkca.gov for more information or call (805) 517-6200. Pick up a **FREE** 15-QUART OIL-COLLECTION CONTAINER, FUNNEL and USED OIL FILTER BAG at City Hall, 799 Moorpark Avenue.



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STREET IMPROVEMENT UPDATES

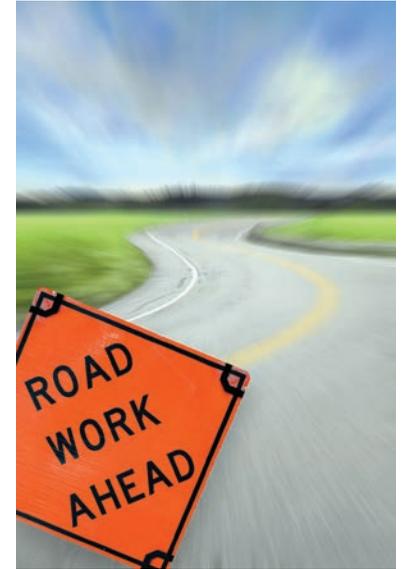
A number of major street improvement projects have been completed, are about to start, or are in the final design stages!

Widening of Los Angeles Avenue, between Maureen Lane and Leta Yancy Road - This work was completed in September, adding an eastbound lane to ease congestion.

Asphalt Surfacing of Major Streets - These projects will go out to bid as soon as the City receives State approval to proceed:

- Spring Road, between Monte Vista Park and Tierra Rejada Road
- Princeton Avenue, between Condor Drive and Campus Park Drive
- The intersection of Gabbert Road and Poindexter Avenue

Widening of Spring Road, between Los Angeles Avenue and Second Street - The design work is nearly complete, with major effort now underway by utility companies planning the relocation of their infrastructure. This work will be bid and completed in 2017.



City facilities will be closed for the Holidays on
 November 11, 24 & 25; December 26;
 January 1 & 16; and February 20.



WINTER EVENTS & DATES TO REMEMBER

12/3... Cooking Oil Disposal
 12/6-12/8... Youth Basketball Registration
 12/8... Library Holiday Party
 12/17... Breakfast with Santa
 1/14... Free Mulch Giveaway
 1/21... E-Waste & Shred Event
 2/11... Teen Valentine Cupcake Challenge
 Various Dates... Winter Camp Moorpark
 DETAILS AT MOORPARKCA.GOV

How Do I Dispose of...?

Do you have a drawer full of old cell phones? Perhaps a box of batteries or burned out fluorescent light bulbs? Maybe a shelf full of old paint? Or even a garage full of old furniture and a refrigerator that stopped working a year ago? It's time to reclaim your space, and let the City help you get rid of all of your old stuff!



The City recently launched its new "How Do I Dispose of..." Guide on its website at:

www.moorparkca.gov/Dispose

Find options to get rid of almost anything...in an environmentally responsible manner...and usually for free! Check out the guide to learn how to dispose of:

- Appliances
- Batteries
- Bulky Items
- Cell Phones
- Christmas Trees
- Computers
- Electronic Waste
- Fluorescent Light Bulbs and Tubes
- Household Hazardous Waste
- Mattresses
- Motor Oil
- Paint
- Prescription Drugs and Medications
- ...and much more!

Sand and Sand Bags available at the following locations:
 The access road behind the Moorpark City Library 699 Moorpark Ave., just north of High St.
 At the end of College View Ave. south of Campus Park Dr. adjacent to the Dog Park.
 Remember: Bring a shovel.
 Questions: 805-517-6362



'Tis the Season for Safety!

The holidays are among us, which commonly means shopping, shopping, and more shopping. While many prices are dropped and deals are to be found, HELP yourself to something free: SAFETY AND SECURITY. Follow these steps to HELP yourself:

1. **DO NOT BE AN EASY TARGET.** Criminals are looking for easy targets. Do not let that be you! **LOCK YOUR VEHICLES.** Every day, at all hours, thieves are checking car door handles for unlocked vehicles. What will they find? Have you left valuables in your vehicle? Thieves commonly target electronics (cell phones), shopping bags, backpacks, or anything in plain view that can be stolen. **BE AWARE** after making purchases! Thieves will follow you to your car, and then continue to follow you looking for an opportunity to steal.
2. Criminal Grinches will steal your Christmas from your front porch. Do not leave packages on your porch. Be home when you expect deliveries. Consider picking up packages from the store you purchase the items from.
3. Lock and secure your homes! The considerate criminals will watch you leave your house, so you don't have to watch them burglarize your Christmas. Be aware of suspicious people in your neighborhood. The police would rather respond to a call of a suspicious person than investigate burglaries, with unknown suspects. Some of the things police consider suspicious are: someone unknown to the area, unknown people sitting in their vehicles, the same vehicle repeatedly driving through the neighborhood, and solicitors knocking with a secret agenda of determining if someone is home.
4. Be suspicious when an unknown person wants any personal or financial information a criminal can benefit from. **DO NOT** offer social security numbers, credit card numbers, or other personal identifying information that could lead to identity theft.



*A message from
Captain Reilly*

Free Paper Shredding • Free E-Waste Collection



Saturday, January 21 9:00 a.m. - 2:00 p.m.

**Moorpark Public Services Facility
627 Fitch Avenue • (805) 517-6294**

- City of Moorpark Residents and Businesses Only •
- No Appointment Needed •

Paper Shredding Details:

Documents will be shredded on trucks right in front of you! Up to six file boxes or 12 grocery bags of paper will be shredded for free. Additional charges may be incurred for larger amounts.



Presented by the City of Moorpark

Accepted E-Waste Items:

- Fluorescent Light Bulbs and Tubes
- Batteries (A, AA, AAA, C, D, 9V)
- Televisions
- Computers
- Monitors
- Cell Phones
- Radios
- VCRs
- Printers
- Answering Machines
- Telephones
- DVD Players
- Tablets
- Fax Machines
- Video Game Systems

Free Mulch Day

SATURDAY 1/14

9 a.m. - noon

Wood mulch will be available in the lot behind the Moorpark City Library (699 Moorpark Ave)

Select and bag your own mulch, up to 1/2 cubic yard of wood mulch (approx. five, 32-gallon trash bags). Don't forget your shovel, container, and a tarp if you are transporting mulch in an open truck bed!

- City of Moorpark residents only •
- ID required • No businesses •

(805) 517-6360

www.moorparkca.gov/mulch



City Services

MOORPARK CITY TRANSIT

CONVENIENT SERVICE

Two routes to serve you!
Hours: 6:00 a.m. – 6:00 p.m.
Monday through Friday



(No service on New Years Day, Memorial Day, July 4, Labor Day, Thanksgiving Day, and Christmas Day)

LOW FARES

\$1.00 general public
Free for seniors and disabled
Free for children five and younger

Destinations include Moorpark City Hall and Library, Moorpark College, many Moorpark elementary schools, middle schools, and Moorpark High School, Amtrak/Metrolink Train Station, Moorpark Marketplace, Mountain Meadows Plaza, Mission Bell Plaza, Moorpark Town Center, and many more stops.

**Where's the City Bus?
Find the bus at
www.nextbus.com/moorpark**

DIAL-A-RIDE SERVICES

SENIOR DIAL-A-RIDE TRANSPORTATION

Moorpark residents aged 65+ qualify for origin to destination transportation within Moorpark as well as travel to Thousand Oaks, Camarillo, Oak Park, Westlake Village, and Simi Valley. There is a one page application required and available online at www.moorparkca.gov/DAR or at City Hall.

ADA DIAL-A-RIDE TRANSPORTATION

Moorpark residents with a valid ADA card can use origin to destination transportation within Moorpark as well as Thousand Oaks, Camarillo, Oak Park, Westlake Village, and Simi Valley. Interested in obtaining an ADA card? Call (805) 517-6257 or visit www.moorparkca.gov/paratransit.

DIAL-A-ROUTE INFORMATION

Interested in how to get from Moorpark to a destination in Thousand Oaks, Simi Valley, or elsewhere in Ventura County? Call Dial-A-Route at (800) 438-1112 for travel information. Operators will provide you with trip-specific information, as well as transit operator information.

For More Information: (805) 517-6257
skroes@moorparkca.gov

HOLIDAY TRASH AND TREES

Moorpark residents may recycle their holiday trees by placing the trees beside their carts for pick up on their regular service day. Beginning December 26 and ending on January 6, simply place your holiday tree out with your carts for collection.

Remember to remove all tinsel, garland, ornaments, stands, etc., prior to placing the tree at the curb. Flocked or fire-retardant treated trees will not be accepted. During this time, Waste Management and Moorpark Rubbish Disposal will also pick up flattened cardboard boxes, if stacked next to your recycling cart, and up to four additional bags of trash next to your trash cart, as shown in the adjacent diagram.

Please allow an empty space of 12" to 18" between the carts and other materials.

Trees may also be taken to the Simi Valley Landfill and Recycling Center located at 2801 Madera Road for free, or the marked collection bins located on Marquette Street or Park Crest Lane, between December 26 and January 9.

For more information about the City's solid waste programs, please visit www.moorparkca.gov/SolidWaste.



FREE HOUSEHOLD HAZARDOUS WASTE DROP-OFF

Moorpark residents may drop off household hazardous waste in Camarillo and Simi Valley:

Camarillo

Second Fri & Sat of every month
Appointments: (805) 987-0717

Simi Valley

Third Saturdays in
Jan-Mar-May-Jul-Sep-Nov
Appointments: (805) 583-6321
www.moorparkca.gov/hhw



ECONOMIC DEVELOPMENT IN MOORPARK

You hear about “Economic Development” a lot these days. Locally, Economic Development is the process of building a strong, adaptive, and resilient community. A thriving economy provides opportunities for shopping, entertainment, and jobs to produce a sustainable community. A growing local economy also provides revenue that allows the City to provide the community with high levels of services and facilities. The City of Moorpark’s Economic Development program is designed to help retain, attract, and assist businesses.

RETENTION: A community can retain existing businesses when they are both supported by market conditions and valued by the community. Through its “Shop Local” program, City staff promotes local businesses to residents and helps them build relationships between each other. This is especially important because local businesses support local causes and non-profits at higher rates than non-local businesses. City staff also directly reaches out to local employers to explore see how the City can help them grow. These conversations forge trusted relationships and often lead to solutions to problems that might have not otherwise been identified. Through its partnership with the Economic Development Collaborative - Ventura County (EDC-VC), the City also acts as a conduit for Moorpark businesses to receive assistance marketing, business planning, financing, and hiring.

ATTRACTION: For smaller cities, making a city attractive to businesses is always a challenge, especially when retail chains often consider only population density when planning new stores. The decision to open a business in Moorpark is solely the decision of a landowner and business owner, and the City cannot legally prevent a business from moving in as long as it meets all zoning requirements. Similarly, the City cannot require a property owner to lease only to a certain store or brand. However, the City can and does proactively reach out to popular, desirable, and expanding businesses to promote Moorpark, and to introduce business leads and property owners.

ASSISTANCE: Any business owner will tell you there are challenges to opening a new business. They must comply with Building Code requirements meant to protect life and safety and design standards that ensure land use compatibility and advance community aesthetics. Moorpark has high standards in place to create a safe, attractive, and enjoyable community. However, the City also works to help new businesses overcome these challenges. The City has streamlined permitting processes, and reduced Business Registration fees. The City now issues permanent Home Occupation Permits, rather than require renewals. City staff maintains strong relationships with local utility providers, which can serve as a resource to further reduce the costs of doing business in Moorpark. City staff is also always available to assist new businesses all the way through the permitting process, especially for small business owners who might not be familiar with permitting and development.

The future looks bright for Moorpark. As residential growth continues to add population and the local and national economies continue to improve, there are several commercial and industrial projects moving forward. For more information on Economic Development programs, please contact Joe Fiss, Economic Development and Planning Manager, at (805) 517-6226.



Winter

EVENTS GUIDE 2016-17

MOORPARK CITY LIBRARY



Online Resources

eBooks – Download for free with your library card.

Brainfuse Homework Help – Free professional online tutoring daily 1:00 – 10:00 p.m. All subjects and grade levels.



Golden Grades Tutoring!

Mondays and Wednesdays from 4:00 – 6:00 p.m.

Back to school with homework help! Moorpark High School students offer free tutoring in all subjects to students in all grade levels. Tutoring is on a first-come, first-served basis at the library.

LOCAL HISTORY EVENT

Author and local historian Mike Winters will discuss his book *Moorpark (Images of America)*, in which he paints a picture of the town's beginnings and early growth. Check our website for details.

All Library programs and events are free to attend!

FAMILIES AND CHILDREN

Holiday PJ Party

*Thursday, December 8
5:30 – 7:00 p.m.*

We invite you to come and enjoy the spirit of the season with us! Decorate cookies, play holiday games, listen to a holiday-themed story, and snap a photo with a festive surprise guest.

Storytimes

• Little Bilingual Readers

*Tuesdays
11:00 a.m. – 12:00 p.m.
(see monthly calendar for dates)*

Stories and songs in Spanish and English presented by Karina from First 5 and Mrs. T., the Youth Services Librarian. Educational activities and crafts engage the parent and child to learn and play together.

• Family Storytime

*Wednesdays
10:30 – 11:15 a.m.*

Stories, songs and crafts will delight parents and children as

they experience pre-literacy reading skills.

• Preschool Learning Time

*Wednesdays, December 28,
January 25 & February 22
10:30 – 11:15 a.m.*

Library iPads will be provided to explore online stories and educational apps. Preschool learning games and crafts will be set out for children and parents or caregivers to play and learn together.

• PJ Storytime

Thursdays 6:30 – 7:00 p.m.
Guest readers delight children with the best in children's literature.

• Read to a Dog

*Saturdays, December 3,
January 7 & February 4
1:30 – 3:00 p.m.*

Trained therapy dogs will patiently listen to stories. Children can practice their reading fluency and receive a free book compliments of Sage Publications.



TEENS

Teen Book Club

December 5, January 9 & February 6 at 4:30 p.m.

Calling all book geeks! If you're obsessed with all things books and writing this is the zone for you. Check out our website or calendar for upcoming titles!

Teen Tuesday Makerspace at 4:00 p.m.

December 20, January 17 & February 21

If you like being creative and making things, this is the "space" for you!

Wii U Wednesdays

December 7 and 21, January 4 and 18, & February 1 and 15
4:00 – 6:00 p.m.

Gamers unite! Join us to race, dance or battle on the Wii U.

February

Blind Date with a Book

You won't be able to judge these books by their covers. All throughout February, go on a date with a great, wrapped book that you discover only by a few key words. Read and write a brief review and rate your date for a chance to win two movie tickets!

The Coloring Club

Thursday, December 15,
January 19 & February 16
6:00 p.m.

Color inside (or outside) the lines! Bring a friend for gentle conversation, a little light music and a selection of coloring pages. Gourmet cookies provided.



ADULTS

Adult Volunteer Appreciation Breakfast

Friday, January 13 at 9:00 a.m.

A BIG THANK YOU for all those who get involved with library programs and events throughout the year.

Book Club for Adults meets on the second Sunday of each month at 2:00 p.m.

Join us for a lively discussion.

- December 11: *A Gate at the Stairs* by Lorrie Moore
- January 8: *The Nest* by Cynthia D'Apris Sweeney
- February 12: *The Thirteenth Tale* by Diane Setterfield

MOORPARKLIBRARY.ORG
699 MOORPARK AVENUE
(805) 517-6370

MON-THURS: 10 A.M. TO 8 P.M.
FRI & SAT: 10 A.M. TO 5 P.M.
SUNDAY: 1 P.M. TO 5 P.M.





Moorpark Active Adult Center

799 Moorpark Avenue
Moorpark, California

Open:

8:00 a.m. - 4:00 p.m.

Monday through Friday

Classes, events and programs at the Active Adult Center focus on social, educational and recreational activities for adults age 55 and up.

Most programs are free of charge; however, a nominal fee is charged for some exercise classes in accordance with a cost recovery policy recently approved by the Moorpark City Council.

Special programs are scheduled every month. Call or visit our Center to learn more about available programs.

Call 805-517-6261

**Volunteers Needed
& Appreciated! Multiple
opportunities available.**

SPECIAL EVENTS

**DECEMBER BIRTHDAY LUNCH
& HOLIDAY SHOWCASE**

WEDNESDAY, DECEMBER 14, 11:45 A.M.

JANUARY BIRTHDAY LUNCH

WEDNESDAY, JANUARY 25, 11:45 A.M.

FEBRUARY BIRTHDAY LUNCH

WEDNESDAY, FEBRUARY 22, 11:45 A.M.

GOURD ART CLASS

TUESDAY'S, 9:30 A.M.

CONTAINER GARDENING CLASS

3RD THURSDAY, 10:00 A.M.

COMMUNITY EDUCATION

HEALTH EDUCATION PRESENTATION BY

LIVINGSTON MEMORIAL VISITING NURSE ASSOCIATION

DATE: TBD , 1:00 P.M.

SPECIAL PROGRAMS

DVD LECTURE SERIES

Energy is something we all seek as we age. Lifestyle and environmental stressors contribute to energy deficits. Dr. Kimberly Bethany Bonura will explore how we can restore our vitality and energy and why baby-boomers are the fastest growing consumers of energy drinks. In this lecture series, Dr. Bonura will explain how sleep deprivation, how you breathe, your work, the people in your life, your diet and your environment have a direct impact on your physical and mental energy. "How to Boost Your Physical and Mental Energy" DVD lecture series will be offered at the Active Adult Center on Mondays at 1:00 p.m.

Walking / Hiking Club

Walk your way into better health, both mentally and physically, by joining the walking/hiking club. The club meets twice a month to explore the local landscapes of Moorpark and neighboring cities. Experienced hikers Ann Tucker and Paul Smith lead the group and will help you discover the beautiful sights of your community and beyond. Be sure to wear sunscreen, a hat, and sturdy, closed-toe shoes with good tread. Bring plenty of water and please leave your pets at home.

These hikes will be offered the 2nd and 4th Wednesday of the month at 9:00 a.m., with different locations every month.



Active Adults

CONTAINER GARDENING

Learn how to grow a full scale garden in minimal space. This popular class meets once-a-month and features changing themes, with students completing a new container garden at the end of each class. Pre-registration is required to ensure enough supplies are obtained. A \$5 material fee is due at sign-up, which includes materials needed for the project.



NUTRITION PROGRAM

Meals are served Monday through Friday, except holidays, at 11:45 a.m. Suggested donation of \$3.00 for those age 60 and over and \$6.75 fee for those under the age of 60. Home delivered meals are available to eligible homebound seniors over the age of 60. For more information or to make a reservation for lunch, call 805-517-6261.



Ongoing Activities



CARDS & GAMES

Canasta	Monday
Duplicate Bridge	Monday
Social Bridge	Monday
Pinochle	Tuesday
Poker	Wednesday
Mah Jongg	Thursday

VOLUNTEER OPPORTUNITIES

Front Desk Assistant	Call for Info
Meal Delivery Driver	Call for Info
Kitchen Assistance	Call for Info

COMPUTERS

Computer Class	Monday & Friday
Open Computer Lab	Monday - Friday

EDUCATIONAL

Guitar Class	Friday
Recorders	Wednesday
Writing for Fun	Thursday

SOCIAL SERVICES

Brown Bag	2nd & 4th Tues.
CalFresh	2nd Tuesday
Financial Review	4th Tuesday
Grey Law	1st Tuesday
HEAP	2nd Tuesday
HICAP	4th Wednesday
Income Tax Prep.	February -April
Toe Nail Cutting Clinic	3rd Tuesday

HEALTH & FITNESS

Bocce Ball	Friday
Golf	Tuesday
Line Dance (Beg)	Monday
Line Dance	Thursday
Reiki Healing	Friday
Senior Fitness	Thursday
Strength Training	M – F, except Th.
Table Tennis	Mon., Wed., Fri.
Tap Dance	Tuesday
Tai Chi	Thursday
Walking/Hiking Club	2nd & 4th Wed.
Yoga	Thursday & Friday

ARTS & CRAFTS

Art Workshop	Monday
Knitting & Crochet	Monday
Gourd Art	Tuesdays
Scrapbooking	Wednesday
Container Gardening	3rd Thursday

REIKI HEALING CLINIC

Reiki is a Japanese technique for stress reduction and relaxation that is also believed to promote healing. It is administered by “laying on hands” and is based on the idea that an unseen “life force energy” flows through us and is what causes us to be alive. If one’s “life force energy” is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. For some, it is part of a spiritual journey and has to do with expansion of awareness and how they perceive and experience life. Some simply want to relax or practice Reiki for health and general well-being.

On the last Friday of each month there will be a presentation of a guided meditation and additional Reiki healing techniques for group participation and sharing.

This class meets at The Active Adult Center on Fridays at 9:30 a.m.

If you’d like more information, please call 805-517-6264.



Moorpark in Winter

Park Info

DOWNTOWN / NORTHERN AREA PARKS

- 1. Mammoth Highlands:** 7000 Elk Run Loop
Picnic pavilion, BBQs, playground, basketball court, tennis court, restrooms.
- 2. Magnolia Park:** 296 Charles Street
Picnic tables, BBQs, playground.
- 3. Walnut Acres Park:** 161 2nd Street
Picnic tables, playground.
- 4. Community Center Park & Civic Center:** 799 Moorpark Avenue
Meeting rooms, picnic tables, BBQs, playground.
- 5. Poindexter Park:** 500 Poindexter Avenue
Picnic pavilion, BBQs, playground, ball fields, horse shoe pits, basketball court, skate park, restrooms.
- 6. Villa Campesina Park:** Liberty Bell & James Weak
Multi-purpose field, BBQs, basketball court.
- 7. Moorpark Veterans Memorial:** Spring Road & Flinn Ave.

MOUNTAIN MEADOWS / WESTERN AREA PARKS

- 8. Glenwood Park:** 11800 Harvester
Picnic pavilion, BBQs, playground, basketball courts, volleyball court, restrooms.
- 9. Arroyo Vista Community Park and Recreation Center:** 4550 Tierra Rejada Road
Meeting rooms, restrooms, picnic pavilion, BBQs, playground, ball fields, athletic fields, multipurpose court, football field, tennis courts, gym.
- 10. Country Trail Park:** 12301 Mountain Trail
Picnic tables, BBQs, playground.
- 11. Tierra Rejada Park:** 11900 Mountain Trail Street
Picnic pavilion, BBQs, playground, basketball court, tennis courts, bocce ball, restrooms.
- 12. Mountain Meadows Park:** 4350 Mountain Meadow
Picnic pavilion, BBQs, playground, basketball courts, ball fields, restrooms.

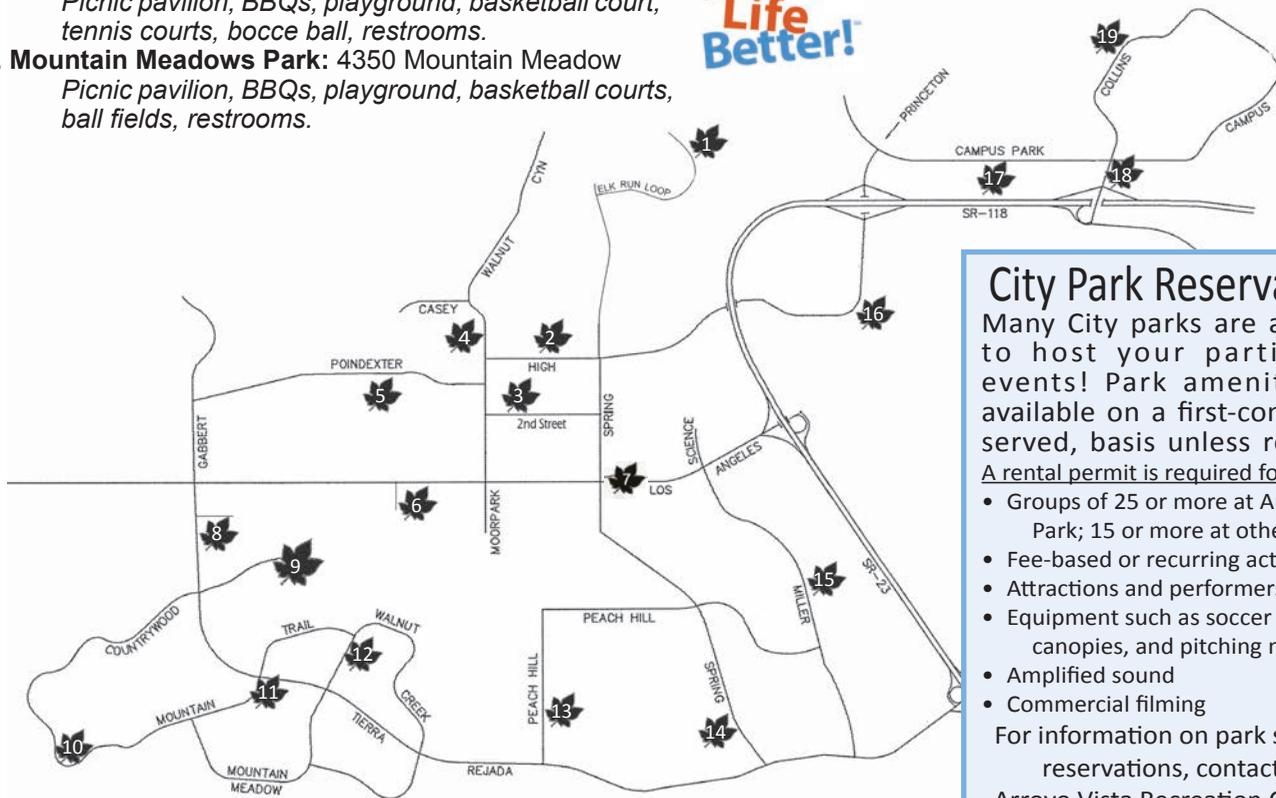
PEACH HILL / SOUTHERN AREA PARKS

- 13. Peach Hill Park:** 13200 Peach Hill Road
Picnic pavilion, BBQs, playground, ball field, basketball court, restrooms.
- 14. Monte Vista Nature Park:** 4201 Spring Rd.
Picnic tables, trails.
- 15. Miller Park:** 4530 Miller Parkway
Picnic pavilion, BBQs, playground, athletic fields, ball fields, basketball court, tennis courts, trail, restrooms.

COLLEGE / EASTERN AREA PARKS

- 16. Virginia Colony Park:** 14507 Condor Drive
Picnic tables, BBQs, playground.
- 17. Campus Park:** 6400 Harvard Street
Picnic pavilion, BBQs, playground, basketball court, restrooms.
- 18. College View Park:** 15400 Campus Park Drive
Picnic pavilion, BBQs, playground, basketball court, restrooms, dog park.
- 19. Campus Canyon Park:** 6970 Campus Canyon Drive
Picnic pavilion, BBQs, playground, basketball court, ball fields, restrooms.

**Parks
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City Park Reservations

Many City parks are available to host your parties and events! Park amenities are available on a first-come, first-served, basis unless reserved.

A rental permit is required for:

- Groups of 25 or more at Arroyo Vista Park; 15 or more at other parks.
- Fee-based or recurring activities.
- Attractions and performers
- Equipment such as soccer goals, canopies, and pitching machines
- Amplified sound
- Commercial filming

For information on park sites and reservations, contact the Arroyo Vista Recreation Center at (805) 517-6300.



Recreation Guide

ARROYO VISTA RECREATION CENTER (AVRC)

4550 Tierra Rejada Road, Moorpark CA 93021

Phone: (805) 517-6300 * Fax: (805) 532-2551

www.moorparkca.gov E-MAIL: AVRC@moorparkca.gov

MAILING ADDRESS:

City of Moorpark - Recreation Division

799 Moorpark Avenue

Moorpark, CA 93021



Office Hours:

Monday - Friday 8:30 a.m. to 6:00 p.m.

Art, Language & Music

Moorpark in Winter

INTRO TO GUITAR, UKULELE, OR MANDOLIN

Ages 12+

Students will learn to play simple melodies and chords, and will be able to play and accompany themselves on popular songs by the course end. This class is for students who have limited or no experience playing. Bring your instrument to class. For Guitar a \$22 lab fee is payable to instructor at first class for book, CD, and DVD; for Ukulele or Mandolin a \$12 lab fee is payable to instructor for materials. For instrument related questions, please e-mail Jim at jimswinguitar@gmail.com. **No Class on 1/16 or 2/20.**

Instructor: James Swing

Location: AVRC, Magnolia Room

Ages 12+

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312240-03	1/9-2/27	6	M	5:30-6:30p.m.	\$59

SPANISH FOR KIDS **Ages 4-12**

Hola! It's never too early to educate your children about another culture by learning the language. Your child will learn the basics of this amazing language through fun, hands-on activities, worksheets, songs, stories, projects, and games.

Instructor: Mary Gutierrez

Location: AVRC, Magnolia Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
311301-01	1/5-1/26	4	TH	4:30-5:30 p.m.	\$30
311301-02	2/2-2/23	4	TH	4:30-5:30 p.m.	\$30



NEW! ACRYLIC PAINT, WATER COLORS, CHALK PASTELS, OH MY! **Ages 6-10**



Join us as we create our own masterpieces in this fun filled, educational art class. \$15 materials fee is due to the instructor on the first day of class. Wear clothing that you don't mind getting messy.

Instructor: Ms. Hester

Location: AVRC, Magnolia Room

CODE	DATE	WEEKS	DAYS	TIMES	FEE
312804-01	1/4-1/25	4	W	4:00-5:00 p.m.	\$65
312804-02	2/1-2/22	4	W	4:00-5:00 p.m.	\$65

Location: AVRC, Jacaranda Room

CODE	DATE	WEEKS	DAYS	TIMES	FEE
312804-03	1/5-1/26	4	TH	4:00-5:00 p.m.	\$65
312804-04	2/2-2/23	4	TH	4:00-5:00 p.m.	\$65

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Moorpark in Winter

Youth Dance & More

NEW! DANCE, TUMBLING, ARTS & CRAFTS Ages 1.5-5: Parent & Me Class

What fun we will have exploring basic skills involving movement and balance on a variety of equipment with parent or guardian participation. Little ones explore basic tumbling, creative movement and group activities to music as well as games, arts and crafts in a semi-structured environment. Make sure to wear comfortable clothes.

Instructor Name: Brenda Weiss

Location: AVRC, Jacaranda Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312115-01	1/7-1/28	4	SAT	9:15-10:15 a.m.	\$39
312115-02	2/4-2/25	4	SAT	9:15-10:15 a.m.	\$39

NEW! LITTY BITTY HIP HOP Ages 3-6

This class will provide your child with an introduction to routines and choreography to the latest songs. Also includes an introduction to other dance styles and the variety of moves that go into Hip Hop. Wear comfortable clothes and shoes.

Instructor Name: Brenda Weiss

Location: AVRC, Jacaranda Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312114-01	1/7-1/28	4	SAT	11:30-12:15p.m.	\$39
312114-02	2/4-2/25	4	SAT	11:30-12:15p.m.	\$39



NEW! PRINCESS BALLET Ages 2.5-6

A fun and creative introduction to dance with popular and classic Disney songs. Ballet slippers are highly recommended. Socks can be used also.



Instructor Name: Brenda Weiss

Location: AVRC, Jacaranda Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312111-01	1/7-1/28	4	SAT	10:30-11:15 a.m.	\$39
312111-02	2/4-2/25	4	SAT	10:30-11:15 a.m.	\$39

NEW! DANCE, HIP HOP, GYMNASTICS, ACTING AND MORE! Ages 6-12

Learn a variety of current dance styles plus gymnastics moves that often accompany musical theater. Along with dance and gymnastics, students will get an introduction to acting and theater. Express your creativity confidently through movement in front of an audience.

Instructor Name: Brenda Weiss

Location: AVRC, Jacaranda Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312904-01	1/7-1/28	4	SAT	12:30-1:15 p.m.	\$39
312904-02	2/4-2/25	4	SAT	12:30-1:15 p.m.	\$39

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ACTING TO CAMERA!

...plus go home with an acting reel!

Professional actors come to Moorpark!

Spend 6 weeks with highly trained professional actors developing your acting-to-camera skills. Learn how to audition for a TV show and experience being coached and casted in a scene that will be filmed by a professional director. Develop and take home a copy of your very own acting reel! Whether you want to be a professional actor or not, gain confidence in your self-expression and learn how to be comfortable in front of the camera.

Dates: Saturdays Jan 7th, 14th, 21st, 28th; Feb 4th, 11th (screening)

Times: Kids: 6 - 10 years : 9 - 11am

Teens: 11 - 17 years : 11:30 - 1:30pm

Venue: 805 Studios - 5158 Goldman Ave, Unit J, Moorpark, CA, 93021

Cost: \$295

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For bookings
and enquiry contact:

info@otbtus.com
or call 323-599-6863



Adult Dance

No previous dance experience or partner required. Call Janet at 818-634-5881 for dance related questions. Drop-ins welcome for \$15.00 per person, per class. Instructor: Janet Snyder, Dance Ten Location: AVRC, Jacaranda Room



WEST COAST SWING Ages 18+

Ever wondered what styles of Swing are out there? If so, then come and learn some basics in this very popular dance that happens to be the California state dance. It can be danced to almost any slow music and is a great alternative to the classic East Coast style that you are probably most familiar with.

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312131-01	12/5-12/19	3	M	6:00-7:00 p.m.	\$36

NEW! LATIN RHYTHMS Ages 18+

Come learn the basics as well as some cool moves that will make you irresistible on the dance floor. Then you can test your moves the next time you go out dancing! We will be covering the steamy Salsa, the rhythmic Cha Cha and the always fun Merengue.

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312137-01	12/5-12/19	3	M	7:00-8:00 p.m.	\$36

WALTZ THROUGH THE AGES Ages 18+

Twirl around the dance floor with the graceful, elegant & timeless Viennese Waltz. Then slow it down with the love & longing of the classic Waltz. You will learn some fundamentals of styling, lead and follow, and essential steps that will give you a clear advantage over all others on the dance floor.

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312133-01	12/6-12/20	3	TU	6:30-7:30 p.m.	\$36

RUMBA: THE DANCE OF LOVE Ages 18+

You will learn the essentials in this slow & romantic dance as well as some variations that will have you looking like a star on the dance floor. The Rumba, a rhythmic dance with Spanish and African elements, originating in Cuba is one of the most popular ballroom dances and is seen around the world at nightclubs, parties, weddings and dance competitions.

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312137-01	12/6-12/20	3	TU	7:30-8:30 p.m.	\$36

EAST COAST SWING Ages 18+

Come join the fun as you learn some smooth moves to the upbeat music of the Big Band era. You will walk away with knowledge of basic steps and variations of this very popular style of Swing dancing. **No class on 1/16 or 2/20.**

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312131-02	1/9-2/27	6	M	6:00-7:00 p.m.	\$57

INTRO TO BALLROOM Ages 18+

Jump-start your week with a fun night out. Come learn the basics and some variations in Foxtrot, American Style Tango, Cha Cha and East Coast Swing. No previous dance experience or partner required. Just come & have fun! **No class on 1/16 or 2/20.**

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312130-01	1/9-2/27	6	M	7:00-8:00 p.m.	\$57

FOXTROT & RUMBA Ages 18+

You will learn some basics & variations in the classic & elegant Foxtrot as well as in the sultry dance of love, the Rumba. This class is designed for those who want to learn more intricate moves in these two dances.

CODE	DATES	WEEKS	DAYS	TIMES	FEE
312132-01	1/10-2/28	8	TU	6:30-7:30 p.m.	\$67

TANGO & WALTZ Ages 18+

Feel the passion, attitude and grace of the American Style Tango and then slow it down with the love & longing of the classic Waltz. Students will learn some fundamentals of styling, lead and follow, and essential steps that will give you a clear advantage over all others on the dance floor.



CODE	DATES	WEEKS	DAYS	TIMES	FEE
312136-01	1/10-2/28	8	TU	7:30-8:30 p.m.	\$67

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Moorpa k in Winter

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MARTIAL ARTS ARE EXCELLENT FOR THE MIND AND BODY,
TEACHING SELF-DISCIPLINE AND SELF-CONFIDENCE.**

Health & Fitness

INTRODUCTION TO MARTIAL ARTS Ages 3-12

Learn the fundamentals of martial arts in these exciting classes! Students will gain self-discipline, self-control, self-confidence, and a sense of teamwork. Karate is an excellent way to improve coordination and physical conditioning. White belts only. A one-time uniform fee of \$40 is payable to instructor on the first day.

Instructor: Tang Soo Do University
Location: AVRC, Sycamore Room



PRE-KARATE Ages 3-5

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313700-01	1/10-1/31	4	TU	5:15-5:45 p.m.	\$45
313700-02	2/7-2/28	4	TU	5:15-5:45 p.m.	\$45

JUNIOR KARATE Ages 6-12

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313703-01	1/10-1/31	4	TU	5:45-6:15 p.m.	\$45
313703-02	2/7-2/28	4	TU	5:45-6:15 p.m.	\$45

CAGE FITNESS™ Ages 16+

Cage Fitness™ is a complete workout program designed for people at all fitness levels and based on the structure of a championship mixed martial arts bout. There is no contact, no partners, and no experience necessary. Cage Fitness is a total body workout that includes five 5 minute rounds focusing on endurance, strength, power, and core strength. Bring a towel and plenty of water! Drop-ins welcome for \$12/class in the form of check cash or credit card. Please arrive early to complete a registration form.

Instructor: Tang Soo Do University

Location: AVRC, Sycamore Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314842-01	1/10-1/31	4	TU	6:30-7:15 p.m.	\$36
314842-02	2/7-2/28	4	TU	6:30-7:15 p.m.	\$36



**No one likes a
canceled class!
Please register early!**

Event Sponsor

Your family will learn **FOCUS~DISCIPLINE~RESPECT** all while learning self-defense and getting in great shape!



Tang Soo Do University

Master Jason Flame
Owner/ Chief Instructor

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- One Month of Martial Arts Classes
- Official Martial Arts Uniform
- Private Lesson with Certified Instructor

...all for only \$99.00!



Health & Fitness

NEW! BARRE FIT
Ages 16+

Barre Fit is a fun, effective way to get strong! The program does not require a barre; it can be done freestanding or with a chair.



This workout is structured to focus on participants' safety, with the movements pushing the muscles to an effectively challenged level without risking injury to joints, muscles, or skeletal systems. All fitness levels and abilities are welcome. Drop-in rate is \$12 per person; please arrive early to complete a registration form.

Instructor: Del Herrera

Location: AVRC, Jacaranda Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314801-01	1/11-2/1	4	W	7:00-8:00 p.m.	\$40
314801-02	2/8-3/1	4	W	7:00-8:00 p.m.	\$40

YOGA BASICS AND BEYOND Ages 14+

This Yoga class welcomes those who are new to yoga as well as those who have been practicing for a while. In this class Mina utilizes modifications of the poses so that individuals are encouraged to work within their own range of abilities, regardless of age, physical attributes, flexibility, or gender. Bring your Yoga/Pilates mat (required for this class). Drop-ins are welcome for \$14/class in the form of check or credit card; please arrive early to complete a registration form.

Instructor: Mina Izadsepas, Soul Body Yoga

Location: AVRC, Sycamore Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314300-01	12/7-12/28	4	W	7:30-8:30 p.m.	\$47
314300-02	1/4-1/25	4	W	7:30-8:30 p.m.	\$47
314300-03	2/1-2/22	4	W	7:30-8:30 p.m.	\$47



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moorparkca.gov/recreg

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IT'S MARTIAL ARTS SEASON!

THIS YEAR GIVE THE GIFT THAT LASTS A LIFETIME
Professional private and group martial arts fitness instruction for men, women, and children

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ages 3 & 4

TINY TIGERZ
ages 5 & 6

CHILDREN
ages 7 to 9

JUNIORS
ages 10 to 14

ADULTS
ages 15 & up

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Moorpark in Winter



WERQ FITNESS Ages 14+

WERQ is a new fitness format done to current top 40 pop, rock, and hip hop! This dance-fitness program is new to California and Del is currently one of only two instructors teaching here. Only certified fitness pros teach this format. No dance experience required. There are many modifications to dance moves to fit all fitness levels. Drop-in rate is \$10 per person; please arrive early to complete a registration form.

Instructor: Del Herrera

Location: AVRC, Jacaranda Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314101-01	1/11-2/1	4	W	6:00-7:00 p.m.	\$32
314101-02	2/8-3/1	4	W	6:00-7:00 p.m.	\$32



Health & Fitness



ZUMBA FITNESS Ages 13+

Zumba is a Latin and International inspired dance fitness class. Zumba creates a party like atmosphere and has been called "Exercise in Disguise". This fun energy filled and effective fitness system will sculpt and strengthen your body while you burn calories. Zumba is designed for EVERYONE of any age and any fitness level with no experience or dance background necessary. Zumba is fantastic for the mind, body and soul! See you in class! Drop-ins welcome for \$10/class in the form of a check, cash, or credit card; please arrive early to complete registration.

Instructor: Mary Gutierrez

Location: AVRC, Jacaranda Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314102-01	1/10-2/3	4	TU/F	9:00 -10:00 a.m.	\$64
314102-02	2/7-3/3	4	TU/F	9:00 -10:00 a.m.	\$64

Register Early!

No one likes a canceled class!
Register by phone, in person,
or online at
www.moorparkca.gov/recreg



Register for classes in person, over the phone 517-6300, or on-line at moorparkca.gov/recreg

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for ages 3 to 6
Unlimited classes 6 days a week

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Discipline



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Focus

Courage

Honesty

Perseverance

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Health & Wellness

MELT LENGTH SERIES **Ages 18+**

Loss of length and joint space occurs gradually due to gravity, compression, repetitive activities, aging, exercise, and habituated postures. MELT Length two-directional techniques work to counteract connective tissue shortening as well as loss of space in the joints. You will learn how to use specific muscles to align your joints properly to lengthen connective tissue fascia, achieving the greatest hydration effects. *Come to class hydrated and please bring water and a yoga mat.*

Instructor: Maureena Bivins, PHD

Location: AVRC, Sycamore Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314210-01	12/5-12/12	2	M	6:30-7:45 p.m.	\$50



MELT Method Tools

MELT FOR BREAST HEALTH SERIES

NEW! **Ages 18+**

Discover simple self-treatments you can do to support breast health. Research has found that women with dense breast tissue are at greater risk of developing breast disease. When fibroblasts, the cells of connective tissue, become compacted due to cellular dehydration, the fibroblasts initiate an inflammatory response. Stiffness of breast fascial tissue has also been linked to tumor progression. Learn beginning and advanced MELT moves to mobilize and hydrate deep fascial layers of the breast, supporting the microenvironment of the breast. *Come to class hydrated and please bring water and a yoga mat.*

Instructor: Maureena Bivins, PHD

Location: AVRC, Sycamore Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314210-02	1/23-1/30	2	M	6:30-7:45 p.m.	\$50

Contract Instructors Needed!



For information on becoming a contract instructor, or to receive an instructor information packet, please call (805) 517-6300.



MELT TO STRENGTHEN THE NEUROCORE

Ages 18+

Learn how to access two mechanisms known collectively as the NeuroCore in MELT Method. Composed of the Reflexive Core (abdominal and organ support) and the Rooted Core (head-to-toe grounding), the NeuroCore supports efficient balance, good posture, and spinal alignment. Traditional abdominal exercises do not access core stability at this level. Rehydrating this system is vital to staying active and pain free! *Come to class hydrated and please bring water and a yoga mat.*

Instructor: Maureena Bivins, PHD

Location: AVRC, Sycamore Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
314210-03	2/6-2/13	2	M	6:30-7:45 p.m.	\$50

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MOORPARK

GROUNDHOG DAY

5k Road Race and 1 Mile Fun Run



REGISTER NOW AT:

www.moorparkgroundhogday5k.org

Saturday, February 4th, 2017

Moorpark High School



All proceeds benefit the Cross Country, Track & Field programs at MHS.



Moorpark in Winter

LEGO® WE DO – LEGO ROBOTICS CAMP

Ages 6-15

LEGO® and Robots! Use your child's love of all things LEGO® to introduce robotics and unleash your child's creativity. Students use various LEGO® bricks and electronic modules to build and program robots. Course emphasizes hands-on robotics each week based on simple machines, core robotic components, sensors, and intuitive programming modules. Students will plan, build, program and present! A \$25 lab fee is payable to instructor on first day of camp.

Instructor: Sandbox Computers for Kids

Location: AVRC, Magnolia Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
311420-01	12/27-12/30	1	TU-F	9:00 a.m - noon.	\$165

MINECRAFT MODDING CAMP **Ages 6-15**

Playing Minecraft is cool! Making your own Minecraft mods is way cooler! Students learn how to build and share mods, install mods, make their own blocks, tools, biomes, mobs, recipes, weapons, textures, events, and more. This is a fun way to channel wild enthusiasm into a love of computer programming and video game design. A \$25 lab fee is payable to instructor on first day of camp.



Instructor: Sandbox Computers for Kids

Location: AVRC, Magnolia Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
311515-02	12/27-12/30	1	TU-F	1:00 - 4:00 p.m.	\$165

Technology Camps

SOFTWARE GAME DESIGN CAMP **Ages 6-15**

Design your own Role Playing Games using RPG Maker! RPGs allow users to design characters and control them to undertake quests in imaginary worlds. Students create maps, character animation sprites, skills, menus, battles, and music to develop a full game. More advanced students can also use JavaScript to control behavior even more. A \$25 lab fee is payable to instructor on first day of camp.

Instructor: Sandbox Computers for Kids

Location: AVRC, Magnolia Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
311520-01	1/3-1/6	1	TU-F	9:00 a.m.-noon	\$165

DIGITAL ART CAMP **Ages 6-15**

Do you love to draw and paint? Unleash your artistic side without the mess in this digital art camp. Natural painting software combined with a pen tablet makes it fun and easy to design realistic artwork using your computer. Learn to use the pressure sensitive pen to sketch and color your characters with your unique look and style! A \$25 lab fee is payable to instructor on first day of camp.

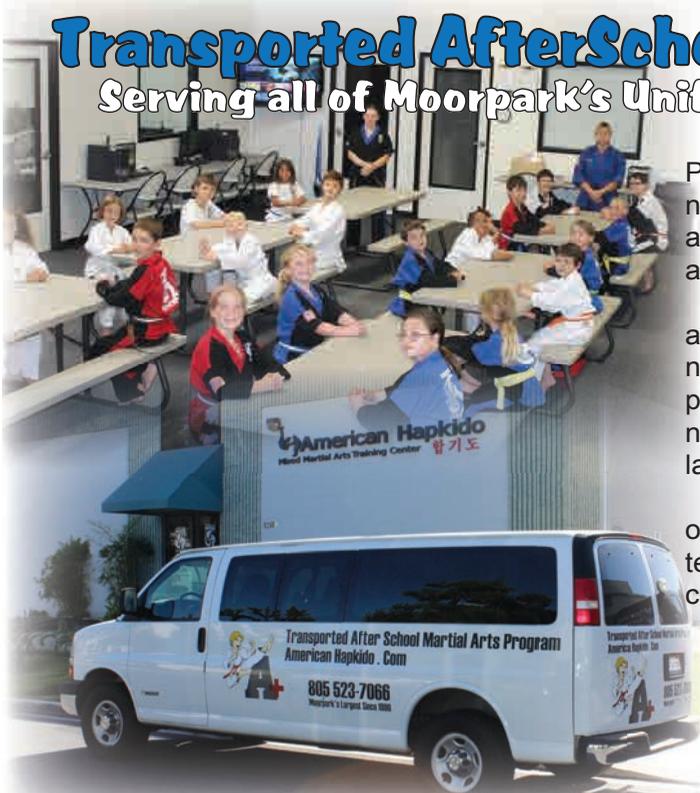
Instructor: Sandbox Computers for Kids

Location: AVRC, Magnolia Room

CODE	DATES	WEEKS	DAYS	TIMES	FEE
311421-01	1/3-1/6	1	TU-F	1:00 -4:00 p.m	\$165

Paid Advertisement

Transported After School Martial Arts Program Serving all of Moorpark's Unified School District & Santa Rosa



Rated the #1 Best Value in Moorpark offering the Lowest Prices for the last 10 Years. Our Award Winning Program is not a **Day Care** or **Arts** and **Crafts** service. Our students are taught **Life Skills** and Graduate to Junior Black Belt after 3 to 5 Years.

We consider ourselves part of the **Village** that educates and empowers your children. We nurture an inner awareness and focus. We increase **Attention Spans**, fitness, powers of observation and safety consciousness, and we nurture **Cultural Individuality** while teaching life-skills that last a lifetime.

For children from 5-years-and-up, we craft a special kind of education that enhances everything else they do. Our teachers are gentle, yet firm in their **Conviction** to nurture children with **Respect**.

Grades Kindergarten - K8
www.americanhapkido.com

5260 Kazuko Court Building A Moorpark CA 93021 (805)523-7066 Fax (805)523-7103



Golf

NEW! ADULT BEGINNER GROUP GOLF LESSONS Ages 18+

Join these one hour lessons for beginning golfers or any golfer who wants to learn or get a refresher on the proper fundamentals, basic rules and etiquette of the game. These six week classes will cover the following topics: putting; rules and etiquette; chipping and pitching; how to swing the golf club; half and full swing/iron play; fundamentals of grip and posture; full swing/driver and fairway metals; plus the five fundamentals including grip, posture, body aim, clubface aim, and ball position. The last class will end with review and practice. Equipment is provided. Range balls are not included. Students must purchase a bucket of balls for the last four classes.



Instructor: Steve Butler, PGA

Location: Golf Development Complex, 15186 Tierra Rejada Rd.

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313985-01	12/7-1/11	6	W	10:00-11:00 a.m.	\$125
313985-02	12/9-1/13	6	F	10:00-11:00 a.m.	\$125
313985-03	1/18-2/22	6	W	10:00-11:00 a.m.	\$125
313985-04	1/20-2/24	6	F	10:00-11:00 a.m.	\$125

DISCOVERING GOLF – JUNIORS Ages 6-13

This unique golf class is for juniors with little or no experience. Juniors will learn to actually PLAY golf, not just learn technique. Learning golf in this class is fun, uncomplicated and easy – anyone can do it! Students completing this course will have a basic grasp on driving, approach shots, chipping, putting, and most importantly, how to actually PLAY the game. During every class, on course play will take place. Equipment and range balls are provided. Visit www.rusticcanyonolfgolfcourse.com for directions.

Instructor: Staff, GAVC Pros

Location: Rustic Canyon Golf Course, 15100 Happy Camp Canyon Road

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313982-01	1/14-2/4	4	SAT	3:00-4:30 p.m.	\$125

DAN MARTIN GOLF - DEVELOPMENTAL JUNIOR CLASS Ages 6-13

This program is for new or beginning skill level golfers looking for an introduction to the fundamentals of golf. Course features full swing development, short game skills, and putting.

Visit www.rusticcanyonolfgolfcourse.com for directions.

Instructor: Staff, GAVC Pros

Location: Rustic Canyon Golf Course, 15100 Happy Camp Canyon Road

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313988-01	1/7-1/28	4	SAT	10:00-11:00 a.m.	\$91
313988-02	2/4-2/25	4	SAT	10:00-11:00 a.m.	\$91

Event Sponsor

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Ashish@JollyJumps.com

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SPORTS . PARTY FAMILY
AND MORE

All kids love to jumps . anytime and anywhere there is nothing they like more than some bouncing fun jolly jumps is locally owned and now you can host the best family BBQ . BIRTHDAY PARTY , CHURCH EVENT CORPORATE EVENT , OPEN HOUSE , or any event by renting one of their many JOLLY JUMPS INFLATABLE'S or amusement games

**Serving California's Ventura County
Since 1989**



Moorpark in Winter

Tot & Youth Sports

SPORTS OF ALL SORTS

Ages 2-3 and parent

Your little one will be introduced to the world of sports with fun games and activities based on soccer, basketball, and t-ball. Tots will experience different kinds of sports, balls, and equipment while improving large motor skills and coordination. Parent participation required. Please no unregistered siblings at class.

Instructor: AVRC Staff

Location: AVCP, Behind Building

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313800-01	1/21-2/11	4	SAT	9:00-9:30 a.m.	\$36



PRE-SOCCER Ages 2.5-4 and parent

This class will give young students a gentle introduction to the sport of soccer. Students will learn and practice basic soccer skills including dribbling, passing, kicking, and throwing in. The noncompetitive environment is perfect for building beginning player's confidence. Parent participation required. Please no unregistered siblings at class.

Instructor: AVRC Staff

Location: AVCP, Behind Building

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313401-01	1/21-2/11	4	SAT	9:45-10:15 a.m.	\$36

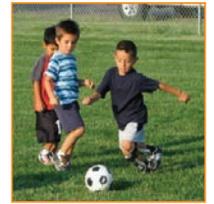
LITTLE KICKERS Ages 3.5-5 and parent

Soccer skills will be reinforced through fun drills and scrimmage games in this noncompetitive class. Students will also be introduced to more advanced soccer concepts including playing different field positions and rules of the game. This class is designed for students who have completed the Pre-Soccer class or have other soccer experience. Parent participation required. No unregistered siblings at class.

Instructor: AVRC Staff

Location: AVCP, Behind Building

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313400-01	1/21-2/11	4	SAT	10:30-11:00 a.m.	\$32



TOT T-BALL & BASKETBALL Ages 3-5 and parent

This class introduces fundamental skills for playing t-ball and basketball. Skills will be taught and practiced through fun games and drills in a non-competitive environment. Please bring a glove to class; all other equipment is provided. Parent participation required. Please no unregistered siblings at class.

Instructor: AVRC Staff

Location: AVCP, Behind Building

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313600-01	1/21-2/11	4	SAT	11:15-11:45 a.m.	\$32

WINTER CAMP MOORPARK



Our day camp for kids ages 5-11 is offered during school breaks! Camp Moorpark has affordable rates, convenient hours, and experienced staff. Theme weeks of "SNOW MUCH FUN" and "NEW YEAR CHEER" will include games, sports, crafts, art and more. Let us take care of your kids and provide them with a great experience!



See page 25 for all the details about Camp Moorpark! Register online at moorparkca.gov/recreg

Receive \$50 off a weeknight movie package (Sun-Thu.)

Get popcorn for 25 guests FREE on all weekend events!



Call 818.263.4916 to book now!

FunFlicks.com



Tot & Youth Sports

KIDZ LOVE SOCCER

NEW! DADDY/MOMMY & ME SOCCER
Ages 2-3.5

The fun happens on the field so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. Adult participation is required. All kids receive a soccer jersey!

Instructor: Kidz Love Soccer

Location: AVCP, Behind Building

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313402-04	1/26-3/2	6	TH	5:00-5:30 p.m.	\$77

NEW! TOT/PRE-SOCCER Ages 3.5-5

Little tykes will enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a soccer jersey! Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer

Location: AVCP, Behind Building

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313402-03	1/26-3/2	6	TH	4:15-4:50 p.m.	\$77

NEW! SOCCER 1: TECHNIQUES & TEAMWORK
Ages 5-6.9

Players will learn how to dribble, pass, defend and shoot goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small sided soccer matches will be introduced gradually. Perfect for first time players while still fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer

Location: AVCP, Behind Building

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313402-02	1/26-3/2	6	TH	3:30-4:15 p.m.	\$77

Youth Service Organizations

ORGANIZATION	PHONE
Boy Scouts	805-482-8938
Boys & Girls Club	805-529-1140
First 5	805-552-1917
Girl Scouts	800-822-2427
MUSD	805-378-6300
Special Olympics	805-650-7717
YMCA	805-523-7613

YOUTH SPORTS

AYSO 805-529-7666	Packer Football 888-315-7188
Girls Softball 558-0761	U.S. Youth Volleyball 888-988-7985
Moorpark Little League 805-529-2931	Youth Basketball Arroyo Vista Recreation Center
Moorpark Soccer Club 805-532-9292	805-517-6305 (year-round)

SEE YOUR AD HERE!

BENEFITS OF ADVERTISING IN THE CITY NEWSLETTER & RECREATION GUIDE:

- * Reasonable Rates ***
- * Direct Delivery to Every Home & Business in Moorpark ***
- * 3 Month Shelf Life ***

For more information on advertising, call the City of Moorpark, Recreation Division at (805) 517-6300 or e-mail avrc@moorparkca.gov

Spring ads accepted now through December 16.
Don't wait, space is limited!



**No one likes a canceled class!
Please register early!**



Tennis

TENNIS CLASSES

Classes are taught by professional Total Tennis Academy instructors. Each class covers the following: proper grips, swing shape and form, footwork, stance & strategy. Classes are also a great way to find new tennis partners. Racquet required. Lab fee is \$5 per person for tennis balls. **No Class 1/16 or 2/18.**
 Instructor: Staff, Total Tennis Academy
 Location: AVCP, Tennis Courts #1 and 2.



PEE WEE QUICKSTART Ages 5-7

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313501-01	1/9-2/13	5	M	4:00-5:00 p.m.	\$70
313501-02	1/21-2/25	5	SAT	9:00-10:00 a.m.	\$70

YOUTH BEGINNING Ages 7-10

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313509-01	1/11-2/22	7	W	4:00-5:00 p.m.	\$98

YOUTH ADVANCED BEGINNING Ages 7-10

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313515-01	1/9-2/13	5	M	5:00-6:00 p.m.	\$70
313515-02	1/21-2/25	5	SAT	10:00-11:00 a.m.	\$70

YOUTH INTERMEDIATE Ages 7-10

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313517-01	1/11-2/22	7	W	5:00-6:00 p.m.	\$98

TEEN ADVANCED BEGINNING Ages 11-13

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313519-01	1/9-2/13	5	M	6:00-7:00 p.m.	\$70
313519-02	1/21-2/25	5	SAT	11:00-12:00 p.m.	\$70

TEEN INTERMEDIATE Ages 11-13

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313522-01	1/11-2/22	7	W	6:00-7:00 p.m.	\$98

HIGH SCHOOL SKILLS & DRILLS Ages 14-18

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313521-01	1/11-2/22	7	W	7:00-8:00 p.m.	\$98

ADULT BEGINNING Ages 18+

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313525-01	1/9-2/13	5	M	7:00-8:00 p.m.	\$70

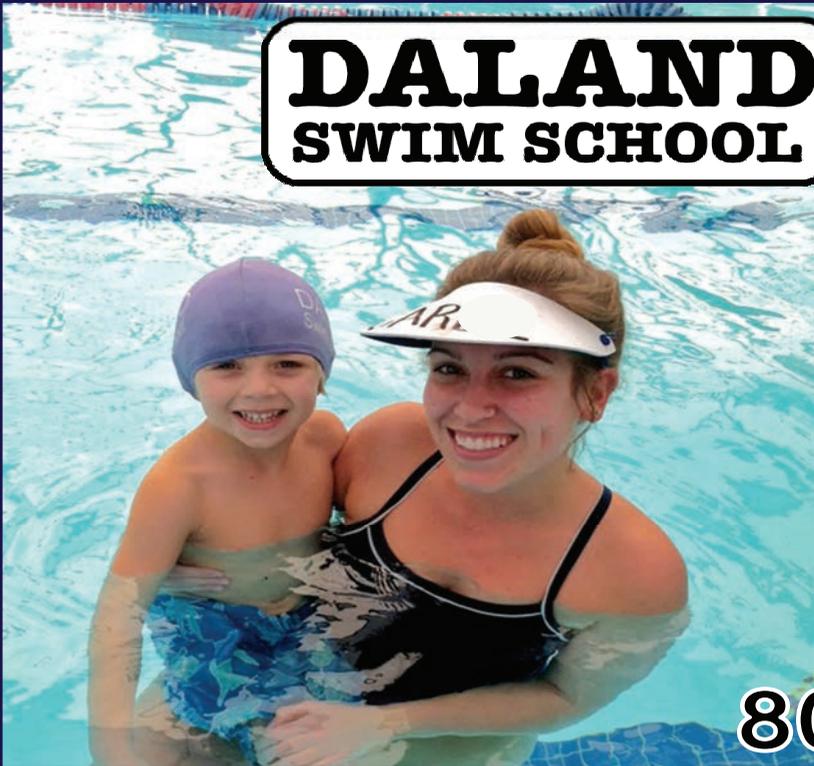
ADULT ADVANCED BEGINNING Ages 18+

CODE	DATES	WEEKS	DAYS	TIMES	FEE
313526-01	1/11-2/22	7	W	8:00-9:00 p.m.	\$98



No one likes a canceled class!
 Register early!

Paid Advertisement



DALAND SWIM SCHOOL

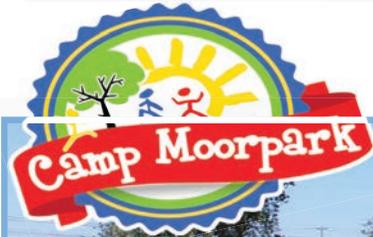
**HEATED POOLS
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- LAP SWIM
- SWIM TEAM
- SWIM CAMPS
- GROUP LESSONS
- PRIVATE LESSONS
- LIFEGUARD & CPR TRAINING
 for the professional rescuer

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135 E. Wilbur Rd. Thousand Oaks ~ www.DalandSwim.com





**SCHOOL'S OUT!
NEED DAY CARE?**

WINTER CAMP MOORPARK

Ages 5-11

Camp Moorpark is an exceptional day camp program for children ages 5 to 11. Camp activities include sports, games, arts and crafts, special guests, theme events, parties, movies and more! Camp is held at the Arroyo Vista Recreation Center and Community Park from 9 a.m. to 4 p.m. Extended care is offered from 8 a.m. to 6 p.m. and included in the daily fee for Camp Moorpark.

Find camp packets and enrollment forms at the Arroyo Vista Recreation Center and online at www.moorparkca.gov/recreation or call 805-517-6300 to request a packet by mail. Preregistered fee is \$32 per day. See the camp packet for details on rates. Sibling discounts are available.



SNOW MUCH FUN! Ages 5-11

CODE	DATES	DAY	TIMES	FEE
329300-01	12/27	TU	9:00-4:00 p.m.	\$32
329300-02	12/28	W	9:00-4:00 p.m.	\$32
329300-03	12/29	TH	9:00-4:00 p.m.	\$32
329300-04	12/30	F	9:00-4:00 p.m.	\$32

NEW YEAR CHEER! Ages 5-11

CODE	DATES	DAY	TIMES	FEE
329300-05	1/3	TU	9:00-4:00 p.m.	\$32
329300-06	1/4	W	9:00-4:00 p.m.	\$32
329300-07	1/5	TH	9:00-4:00 p.m.	\$32
329300-08	1/6	F	9:00-4:00 p.m.	\$32

FROZEN FEST! Ages 5-11

CODE	DATES	DAY	TIMES	FEE
329301-01	1/23	M	9:00-4:00 p.m.	\$32



**Affordable Rates!
Convenient Hours!
Experienced Staff!**
Camp Moorpark is so much fun!



Sports Leagues

Adult Sports Leagues

Only team registrations are accepted for these leagues (no individual registrations). Registration forms must be filled out completely and fees paid in full at time of registration. Registration packets, game schedules and standings are available on-line at www.moorparkca.gov. Fees indicated are for team registration only. See registration packets or call for officials fees.

Registration open now through December 16, or until league fills.



Basketball Leagues

Divisions: Monday "C" League / Thursday "C" League
Winter 2016 Leagues: Packets now available and registration is underway. League play begins January 5 & 9, 2017. The registration fee is \$325 per team. Games are played at the Arroyo Vista Recreation Center gym. 8 week league.

INDIVIDUAL INTEREST LIST

Don't have a team? Sign up through our individual interest list and we will try and fit you with a team. If enough individuals sign up, we will try and create a team with the list.

Share your experience & serve as a positive mentor for local youth. Become a Volunteer Coach!

You are invited to an informational meeting about volunteer coaching on Saturday, November 12 at 3:30 p.m. in the Arroyo Vista Gym. Please stop by, learn what it takes to be a coach, & ask questions.

For more information, call Steven Scrivens, Youth Sports Coordinator at (805) 517-6300 or e-mail avrc@moorparkca.gov

Youth Basketball

Players of all skill levels will have fun while focusing on teamwork, increasing skill and learning game strategy in this recreational league. League fee includes jersey, award, team photo, and pizza party. Games are played Saturdays and one weekly practice is scheduled by the coach. Teams are 7-10 players. **We're sorry, but requests for particular team placement cannot be honored.**



Registration Schedule:

Coaches' children: 11/28 to 12/5

Coaches: Children of coaches should preregister. Coaches must have completed fingerprinting and paperwork by 11/19.

Mandatory coaches meeting is on 12/16 at 6:00 p.m.

Winter Player Registration

All players new and returning must attend registration at the Arroyo Vista Recreation Center based on their age.

See below for times and dates for each age group.

Rookie Division: Ages 5-7: Tues., 12/6, 4:00 - 6:00 p.m.

Junior Division: Ages 8-10: Wed., 12/7, 4:00 - 6:00 p.m.

Teen Division: Ages 11-13: Thurs., 12/8, 4:00 - 6:00 p.m.

First, register for the program at the office. Then, proceed to the gym for your player's evaluation. Please know your child's height and shirt size to speed up registration.

If you are unable to attend evaluations you may be added to an interest list. Players on this list are NOT guaranteed a space and will only be called in the event of a cancellation by a registered player or if players are needed to meet the minimum number of participants necessary to run the league.

Practices will begin the week of Jan. 3. If you have not been contacted by your coach by 12/29, please call the office to verify team placement and practice time. Practice may run anytime Monday - Friday, 4 p.m. to 9 p.m.

ROOKIE DIVISION Ages 5-7

Games played half-court with 8' baskets. No score or standings kept. Coaches referee games.

CODE	DATES	WKS	DAYS	TIMES	FEE
337010	1/7 to 2/25	8	SAT	Morning	\$84

JUNIOR DIVISION Ages 8-10

Games are played full court with 10' baskets. No standings are kept.

CODE	DATES	WKS	DAYS	TIMES	FEE
337011	1/7 to 2/25	8	SAT	Late morning	\$94

TEEN DIVISION Ages 11-13

Games are played full court with 10' baskets. No standings are kept.

CODE	DATES	WKS	DAYS	TIMES	FEE
337012	1/7 to 2/25	8	SAT	Afternoon	\$94



Teen Valentine Cupcake Challenge

SATURDAY, FEBRUARY 11, 2017
6:00 TO 9:00 P.M.

Arroyo Vista
Recreation Center

4550 Tierra Rejada Road
805-517-6305

Challenge others with your baking
& decorating skills!
\$10 entry per team.
Up to 4 bakers per team.
Pre-Registration Required



Bake and decorate your own cupcakes at the event. Basic cupcake ingredients and supplies will be provided. You may bring in your own ingredients and cooking supplies. A panel of judges will rate your cupcakes based on decorating, overall display, taste and use of the supplied secret ingredient.

Volunteer Program

The City of Moorpark Parks and Recreation division is creating a volunteer team to help at various events and with projects throughout Moorpark. Help with various assignments and earn volunteer hours that qualify for the Moorpark Unified School District requirement. All ages welcome.

Volunteers Needed for **Breakfast with Santa**

Help decorate our fun family event!

Friday, December 16, 2016
3:15 p.m. to 6:15 p.m.

Special Events

Saturday, February 25, 2016
9:00 a.m. to 12:00 p.m.

Call or visit the Arroyo Vista Recreation Center to sign up
805-517-6300 or register on-line www.moorparkca.gov/recreg



Registration

All participants (or parents/guardians for participants under 18) must sign a waiver on the first program date.

Programs may be combined or canceled as necessary if the minimum enrollment is not met. Please register early for programs and classes. Program information is subject to change.

Payment: Payment is due at the time of registration. The City accepts cash, check, Visa, and Mastercard. (Phone and fax registrations must be paid by credit card). There is a \$25 fee if a check does not clear or payment does not go through.

Withdrawals: Requests for withdrawals must be received as follows: 1) One-session programs: at least 1 business day prior to program date, 2) 2+ session programs: prior to the 2nd meeting date, 3) Sports leagues: prior to the posting of the game schedule. Refunds/credits will be pro-rated and any costs incurred by the City or instructor will be deducted from refunds/credits. Credits will be applied to your account at Arroyo Vista and are good through the fiscal year. Refunds will be issued by check for check or cash payment and back to the credit card account for credit card payment. In addition to deductions stated above, a \$10 processing fee is deducted from all refunds.

Cancellations: Full refunds or credits will be issued for classes canceled by the City.

Inclement Weather: Outdoor classes will not be held during rainy conditions. Make-up class dates will be scheduled for rain outs.

Registration starts 11/07/16!

IN PERSON: Walk-in registrations are accepted at the Arroyo Vista Recreation Center from 8:30 a.m. to 6:00 p.m., Monday through Friday. The office is closed on holidays.

BY MAIL: Complete the registration form below. Make a check payable to City of Moorpark for the total amount due. If paying by credit card, include credit card number and expiration date, and sign where indicated. Mail registration form and payment to: City of Moorpark, Attn: Recreation Registration, 799 Moorpark Avenue, Moorpark, CA 93021

BY PHONE: Call us at (805) 517-6300. Registrations are accepted during office hours. Have your registration information and Visa or Mastercard ready. Do not leave your credit card number on the voice mail system.

BY FAX: Complete the registration form below. Include credit card information and signature. Fax the form to (805) 532-2551. A receipt will be mailed to you.

BY INTERNET: Log on to the City of Moorpark website at www.moorparkca.gov/recreg. Search for activities by code or select from the list to register and pay by credit card. Don't forget to print your enrollment receipt.

Some programs may not be available for on-line registration. On-line registrations are accepted until 1 week prior to the first class date. If the program you want is not listed for on-line registration, call us at 517-6300 for information or to register by phone.

CLASS REGISTRATION FORM

PAYEE / PARENT INFORMATION

NAME _____ BIRTHDATE _____
 ADDRESS _____ CITY _____ ZIP _____
 PHONE NUMBER _____ EMERGENCY PHONE _____
 E-MAIL ADDRESS: _____

Code	Class Title	Participant Name	Birthdate

Please Indicate Payment Method:

Check #: _____
 Make checks payable to City of Moorpark
 Visa - or - Mastercard
 # _____
 Expiration Date: _____
 Billing Address: _____
 City/Zip: _____

Participants with Special Needs: Individuals with disabilities are welcome to participate in any program offered by the City of Moorpark, Recreation Division. We will make reasonable accommodations so that you may enjoy the programs offered by our department. If you have a special need, please explain below and we will contact you to explore how we may assist.

Special Needs:

I agree to pay the total amount due according to card issuer agreement.

Authorized Signature:

X _____

Activity Waivers: All participants must sign a waiver form on the first day of class. Participants under the age of 18 must be accompanied by a parent/guardian the first day of class to sign the form.

- Do not use this form for Camp Moorpark programs or adult sports leagues -





Breakfast with Santa

Pancake Breakfast * Crafts * Visits with Santa!

Saturday, December 17, 2016

Arroyo Vista Recreation Center



Two Breakfast Seatings

* 8:30 a.m. *

* 10:00 a.m. *

\$10 per person

Children ages 1 & under FREE with a paid adult

Crafts are for children 12 & under

Bring your camera for photos with Santa!

Both seatings will sell out!

Register today!

805-517-6305

www.moorparkca.gov/recreation



Registrations must be received by December 13, 2016. Everyone in attendance must pre-register.

City of Moorpark
799 Moorpark Avenue
Moorpark CA 93021

POSTAL CUSTOMER

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Thousand Oaks, CA
Permit No. 1251
ECRWSS

Winter Events

Holiday PJ Party!

Thursday, December 8, 2016
Moorpark City Library
& Community Center



Breakfast with Santa!

Saturday December 17, 2016
Arroyo Vista Recreation Center
Pre-registration required

Free E-Waste & Shred Day

Saturday, January 21, 2017
9:00 a.m. - 2:00 p.m.
Moorpark Public Services Facility



Teen Valentine Cupcake Challenge

Saturday, February 11, 2017
Arroyo Vista Recreation Center
Pre-registration required