

MOORPARK ACTIVE ADULT CENTER

799 MOORPARK AVENUE
MOORPARK, CALIFORNIA 93021

August 2005

ASSISTED LIVING FACILITIES GUIDE

This guide is published by the Moorpark Active Adult Center, City of Moorpark. The guide is designed to provide interested persons with information about assisted living and graduated care facilities in Moorpark and the surrounding communities.

This guide is a basic list of assisted living facilities and retirement communities which offer assisted living, and does not imply endorsement. The listings are not all-inclusive and are reported as accurately as possible for your use and establishment of effective references. Failure to list an assisted living facility implies no criticism.

A periodic update will be available. To inform us of corrections, additional information or changes of address or telephone number please call 805-517-6261.

City of Moorpark
Department of Community Services
Moorpark Active Adult Center
799 Moorpark Avenue
Moorpark, CA 93021

805-517-6261

www.ci.moorpark.ca.us

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What is Assisted Living?

Assisted living facilities provide a combination of housing and personalized health care in a professionally managed group-living environment designed to respond to the individual needs of persons who require assistance with activities of daily living (ADL).*

This type of facility is specifically designed to promote maximum independence and dignity in the most residential and homelike setting possible. It may be all or part of a building that houses a few or several hundred persons, or a distinct part of a residential campus. It traditionally serves the frail resident who cannot or chooses not to live alone, but who does not require the 24-hour skilled or custodial care of a nursing home.

Generally, residents of this type of housing pay privately in the form of rent, rent plus service charge, and sometimes a deposit or entry fee. In some states, Medicaid will pay for certain ADL services under home and community-based service waivers. *Medicaid/MediCal will not pay for room and board charges.* Private long-term care insurance may also be used for some of the provided services.

Licensing of this housing type varies by state, depending upon each state's own regulatory requirements. These facilities sometimes are called residential care homes, domiciliary care homes, personal care homes, adult congregate living facilities, homes for the aged, catered living facilities or board and care homes.

Questions to ask when selecting an assisted living facility

- How many levels of care do you have and how are they categorized?
- Aside from the monthly fee, are there other costs?
- What is included in the monthly payment?
- What happens when you (or family member moving into the facility) runs out of money? Do you accept state funding? If not, what happens then?
- How many nurse's aids are scheduled on each shift? On the weekends? What is the ratio of caregivers to residents?
- Is transportation provided? Is it included in monthly fee?
- Do you allow hospice services for dying residents?
- What are your limitations regarding the needs of a resident?
- Are wheelchairs allowed?
- Is oxygen allowed?
- Are incontinent residents accepted?

* Activities of daily living (ADL): Activities usually performed for oneself in the course of a normal day. Although definitions differ, ADLs are usually considered to be mobility, such as transfer from bed to chair; administering medications and self-feeding; dressing, bathing, and toileting.

What is a Graduated Care Facility?

Graduated care facilities, also known as continuing care retirement communities (CCRC) and life care communities, generally require that an individual be able to live independently upon becoming a resident in the community. As a resident begins to need more assistance, specific additional services are made available. Most graduated care facilities offer three basic levels of housing on an as needed basis: fully independent living; assisted living (personal care services); and skilled nursing care.

The basic idea of graduated care is that once someone becomes a resident, they never have to move again because any housing type and personal care services they will probably ever need are provided within the single campus setting. Graduated care guarantees housing and care across the continuum in that one community.

Graduated care facilities usually charge an entrance fee as well as a monthly payment for their residential, leisure and nursing services. In some cases, health care and personal care services can be paid for on an as needed basis. The entrance fee, formerly nonrefundable, now is generally refundable upon departure under a variety of specified conditions.

Basically, there are three types of graduated care facility contracts:

- *Extensive contract:* Covers shelter and residential services, amenities (e.g., swimming pool, possibly tennis courts and other types of recreation facilities), and unlimited long-term nursing care. The entrance fees and the monthly costs are usually higher than those under modified or fee-for-service contracts
- *Modified or fee-for-service contract:* Provides shelter, residential services and amenities, plus a specified amount of nursing care, which residents can obtain on an unlimited basis provided they pay for it at a daily or monthly nursing care rate
- *Fee-for-service continuing care contract:* Covers shelter, meals, residential services and amenities, and in addition emergency and short-term nursing care. Access to long-term nursing care is provided only upon a daily nursing care rate.

ASSISTED LIVING FACILITIES

Agoura Hills

Agoura Hills Senior Retreat

5217 Chesebro Road
Agoura Hills, CA 91301
818-991-3544
www.ahseniorretreat.com

Description: Two-story, 160-unit complex features assisted living, independent living and separate secured dementia community. Studio, one bedroom and two bedroom units, each with a kitchenette and porch or balcony. Rates start at \$2380/month. Utilities included in rent. 24-hour staffing, daily meals and snacks, housekeeping services, scheduled transportation, entertainment and activities. Emergency call system, meal monitoring, and medication assistance. Personalized care and services; assisted living services available; dementia services available. New wing for dementia patients.

Cottages of the Oaks

5990 Dovetail Road
Agoura Hills, CA 91301
818-865-1495

Description: Six additional residential care facilities in Thousand Oaks (see Thousand Oaks sections of this guide). Description: Six persons per home. Dementia, Alzheimer's and hospice waivers. Wellness program includes home visits by medical doctor, medical director and/or Geriatric Nurse Practitioner, and podiatrist. Owner is a Registered Nurse and is on premises daily and on call in the evenings. On duty night staff. Residences feature private suites with private baths, private rooms and semi-private rooms. Bathrooms are barrier free with safety features. Outdoor barbecue, plus walking gardens in a secure setting. All homes located in residential neighborhoods, close to shopping, houses of worship, medical facilities and hospitals. Services include catered meals, snacks, special diets as prescribed by physician, transportation to activities and scheduled medical and/or dental appointments with caregiver in attendance, and social programs. Recreational programs include a variety of outings. Activities include art, crafts, music, exercise and pet therapy. Pet welcomed.

Camarillo

AlmaVia of Camarillo

2500 Ponderosa Drive, North
Camarillo, CA 93010
805-388-5277
805-388-2665 Fax
Website: www.almavia.org

Description: One-bedroom and studio apartments with kitchenettes. Daily meals and utilities included, except for telephone and cable. Services include: 24-hour staff and security systems, transportation service, housekeeping/laundry, personal care, leisure activities, and gourmet and home-style meals. Personal care service fees are based on the individual service plan chosen. Amenities include: Community rooms, on-site beauty and barber shop, and garden and walking paths. Alzheimer's/dementia care available. Ambulatory and non-ambulatory accessible. Nonprofit, faith-based community. Pre-scheduled complimentary lunch and tour available.

Brighton Gardens Sunrise Senior Living

6000 Santa Rosa Road
Camarillo, CA 93012
805-388-8086
805-388-8450 - Fax

Total capacity of 160 units: 90 assisted living, 45 skilled nursing; 26 Alzheimer/Dementia Care. Community offers a continuum of care. Facility features activities and transportation services. Three meals per day. Special Care unit also available for ambulatory persons with Alzheimer's Disease or related disorders (see Alzheimer's Guide). Skilled nursing or custodial care available (see Skilled Nursing Guide).

Camarillo Care Home

187 Camarillo Drive
Camarillo, CA 93010
805-482-3462

Description: 6-bed facility. No SSI. Ambulatory and non-ambulatory accessible.

Hickory House and Pine Cottage

50 Oak Street
Camarillo, CA 93010
805-484-1115

Description: 36-bed facility. Ambulatory and non-ambulatory accessible. Accepts SSI.

Mission Manor

89 Mission Drive
Camarillo, CA 93010
805-383-7960

Description: 12-bed facility. Ambulatory and non-ambulatory accessible. Accepts SSI.

Atria Las Posas

24 Las Posas Road
Camarillo, CA 93010
805-987-9872
www.arvi.com

Description: 123-apartment complex located in a landscaped setting. 24-hour staff. Transportation and activities, emergency call system, nutritious meals and snacks. All utilities included except telephone. Refrigerators and microwaves in kitchenette, weekly laundry service and housekeeping, beauty salon/barber shop, country store. Assisted living services available include medication assistance, assistance with bathing and showers, morning and evening assistance with dressing and personal hygiene, escort to meals and activities, extra assistance with housekeeping, extra assistance with laundry, evening assistance at bedtime. "Oasis" Program available for short-term residence stay. Ambulatory and non-ambulatory accessible. Hospice waiver. An ATRIA Senior House Group Community. No SSI. Contact Executive Director Sharon Bates for more information.

Park Place Village

903 Carmen Drive
Camarillo, CA 93010
805-484-2777

Description: Non-profit organization offering independent, assisted living, and dementia services which are available in 105 apartments, complete with full bath, walk-in closet, and sliding door to a private patio. Situated on a 4-acre park-like property, there are beautifully landscaped courtyards and walking paths. Building features include activity rooms, craft and activity centers, a movie room, library, living rooms, salon and private dining room. Rates begin at \$1600/month. Basic services include 24-hour emergency response, weekly housekeeping and trash removal, laundry service, local scheduled transportation, well-balanced meals and snacks prepared by two gourmet chefs, and all utilities including prewired cable television and telephone connection

Canoga Park

Topanga Park Retirement

7945 Topanga Canyon Blvd.
Canoga Park, CA 91304
818-716-9900

Description: 90 studio apartments feature intercoms with 24-hour response, central air conditioning, double mirrored closets and private balconies. Private and semi-private apartments available. Licensed nursing staff available to meet residents' requirements. Landscaped patio includes swimming pool, spa, barbecue, activity area and rose garden. Building features activity rooms, sitting lounge, and restaurant-style dining room. Three nutritious meals (accommodations are made to special dietary requirements) are provided daily. Daily housekeeping, personal laundry, transportation to appointments, shopping excursions, and scheduled outings are provided. Assisted living services include medication management, bathing and dressing assistance. Personal care services include wheelchair assistance, incontinent care, and diabetic care. Rental rates begin at \$1650/month.

Fillmore

Orange Blossom Villa

827 River Street
Fillmore, CA 93015
805-524-7979
Fax: 805-524-7182

Description: A retirement residence which also provides assisted living services. It features private and semi-private rooms, studios, one and two bedroom units, large activity rooms, a library, conference room, beauty parlor, and much more. Independent living services include daily meals, 24-hour security and staffing, transportation arrangements, planned activities, and weekly housekeeping and laundry. Assisted living services include assistance with some living activities, including bathing and dressing, special diets, monitoring and dispensing medications, and care at night. Respite care is available for short term stays. Prices begin at \$1300/month. Call for details

Moorpark

Colibri Elder Care

4264 Colibri Court
Moorpark, CA 93021
805-529-2575

Description: Six-bed facility. 24-hour care, Alzheimer's/dementia waiver, meals (special diets available), personal care assistance, bathing, medications, transportation. Ambulatory and non-ambulatory accessible. Private pay accepted. Fees range from \$1500-3000/month.

Newbury Park

Gerald Residential Care

3249 Gerald Drive
Newbury Park, CA 91320

805-375-6070 – Owner
805-498-2743 - Facility

Description: Six-bed facility. Ambulatory and non-ambulatory accessible. Alzheimer's/dementia waiver. No SSI.

Hidden Garden

79 Madrid
Newbury Park, CA 91320
805-499-0818

Description: 6-bed facility. Ambulatory and non-ambulatory accessible. Alzheimer's/dementia waiver. No SSI. 24 hour service. Doctor on staff.

Mountainview Residential Care

290 Dena Drive
Newbury Park, CA 91320
805-375-6070 – Owner
805-498-2743 - Facility

Description: Six-bed facility. Ambulatory and non-ambulatory accessible. Alzheimer's/dementia waiver. No SSI.

Ventura Estates Healthcare Center

915 Estates Drive
Newbury Park, CA 91320
805-498-3691

Description: Ventura Estates Healthcare Center is located in an 18-acre garden setting and offers a three-level continuum of care all located on ground level: Independent retirement room and board, non-ambulatory/assisted living, 18-bed in-house Assisted Care Unit and a 50-bed Skilled Nursing Facility. The cost for the independent residential/assisted living studios ranges from \$1,150 - 2,050 per month. Two-room suites and two-bedroom duplexes are also available. The 18-bed assisted care units range from \$1,550 (semi-private) to \$3,000 (private) per month.

Ojai

The Gables of Ojai

701 N. Montgomery
Ojai, CA 93023
805-646-1446
805-646-3720 Fax
www.gablesojai.com

Description: 50 independent units and 32 assisted living units set on 9-acres. Setting offers health care service, three meals a day, housekeeping, transportation, social programs, beauty services and a variety of wellness services. Staff includes licensed nurses and caregivers to provide assistance with medication, bathing, and dressing in the privacy of one's own room or apartment. Assisted living is divided into two communities:

- The Cottages offers a more independent lifestyle, with individual apartments and the support of a 24-hour caregiver. Cottage styles include studios, parlors and one-bedrooms, each with a private bath. All meals are served in country-style kitchen.
- The Gardens offers a more supportive environment, with a secured perimeter for dementia care. Private suites and shared rooms.

Independent living also offered on main campus (see Senior Housing Guide).

St. Joseph's Convalescent

2464 E. Ojai Avenue
Ojai, CA 93023
805-646-1466

Description: 28-bed skilled nursing facility also offers independent living for those capable of living independently in their own units. Three meals per day provided. Skilled nursing facility accepts Medi-Cal and Medicare. Set on 36-acre campus, the Hospitaller Brother's of St. John of God provide skilled nursing supervision and full supportive care. Licensed nurses on duty 24 hours a day.

Oxnard**Ann Marie Facility Care Home**

2130 San Mateo Place
Oxnard, CA 93033
805-487-3008

Description: 6-bed facility. Ambulatory and non-ambulatory accessible. Alzheimer's/dementia waiver.

Point Chalet Assisted Living

1020 Bismarck Way
Oxnard, CA 93033
805-487-5341

Description: 196-bed facility. Private and semi-private rooms. Ambulatory and non-ambulatory accessible. Restaurant-style dining. SSI Beds. Alzheimer's waiver.

Simi Valley**Autumn Manor**

2770 Highgate Place
Simi Valley, CA 93063
805-582-2188

Description: Seven residential care homes located in and serving the community of Simi Valley. Each facility has a maximum capacity of 6 beds. All facilities are licensed to admit both ambulatory and non-ambulatory residents. The facilities offer social activities; grocery shopping, breakfast at Denny's, and movies. Transportation available for medical appointments and social activities; company owns a mini bus as a form of transportation. Facilities offer dementia and Hospice waivers.

Angel's on Tracy

2409 Tracey Avenue
Simi Valley, CA 93063
Administrator: JoAnn Trupiano
805-583-3293

Description: Two Christian Home six-bed facilities specializing in dementia and Alzheimer's disease. Equipped for ambulatory and non-ambulatory residents. Assistance in medication, doctor's visits, bathing, dressing and personal hygiene, and incontinence. All daily living activities and services provided. Hot meals.

Angel's on Tracy II

2375 McDonald Court
Simi Valley, CA 93065
Administrator: JoAnn Trupiano
805-522-4363

Description: Two Christian Home six-bed facilities specializing in dementia and Alzheimer's disease. Equipped for ambulatory and non-ambulatory residents. Assistance in medication, doctor's visits, bathing, dressing and personal hygiene, and incontinence. All daily living activities and services provided. Hot meals.

The Bradley House II

4031 Apricot Road
Simi Valley, CA 93063
Administrator: Charisse Bradley

Description: Two Christian Home six-bed facilities specializing in dementia and Alzheimer's disease. Equipped for ambulatory and non-ambulatory residents. Assistance in medication, doctor's visits, bathing, dressing and personal hygiene, and incontinence. All daily living activities and services provided. Hot meals.

Clarion Commons

5300 East Los Angeles Avenue

Simi Valley, CA 93063

805-583-3500

www.clarioncommons.com

RCFE# 565801041

Description: Assisted living and memory care community opened January 2004. Services and amenities include pharmacy consultation, licensed staff, 24-hr security, wireless emergency system in apartment and pendant-style, full-service elegant dining in main and private dining rooms, daily light housekeeping and fresh towels, weekly deep cleaning and personal laundry service, scheduled transportation for medical appointments within Simi Valley city limits, formal library and computer lounge, DSL service for the internet and e-mail services, bistro and ice cream parlor for snacks and light dining, weekly spa baths, 25-basic cable channels. Activities include music, exercise, movies, parties, theme dinners, special events, day trips, restaurant outings, educational seminars, shopping trips, daily tea time social, weekly wine social and more! Five floor plans to choose from in facility Assisted Living Neighborhoods starting at \$2500/month – private apartment. Clarion Commons also offers secured apartments with specialized programs in Memory Care Community serving all stages of Alzheimer's and memory impairment starting at \$3300. Personal Service Plans start at \$150. Personal Service Plans may include medication monitoring and administration, minimal assistance with daily living, assistance with eating, escorting, and transferring, personal hygiene and incontinence care. Some long-term care insurance policies may pay for Assisted Living. Medicare and MediCal do not pay for these services.

Lance Home Care

1331 Casmalia Court

Simi Valley, CA 93063

805-522-2353

Description: 3-bed facility. Private rooms. Ambulatory and non-ambulatory accessible.

LZ Home for the Elderly

3967 Downey Court

Simi Valley, CA 93063

805-527-3278

Description: 6-bed facility. Ambulatory and non-ambulatory accessible. One additional location in Simi Valley.

Simi Valley Residential Care

2585 Lowell Center
Simi Valley, CA 93065
805-527-1190
Info: Maria – 805-217-5284

Description: Six 6-bed facilities located in Simi Valley and two Autumn Manors in Simi Valley. Ambulatory and non-ambulatory accessible. No SSI. Dementia Waivers.

St. Paul's Residential Care

2292 Goddard Avenue
Simi Valley, CA 93063
805-581-9457

Description: 5-bed facility. Ambulatory and non-ambulatory accessible. No SSI. One additional location in Simi Valley. Features include: daily meals, personal care, and activities.

Simi Hills – Gracious Retirement Living

950 Sunset Garden Lane
Simi Valley, CA 93065
805-520-3474 phone
805-520-3508 fax
www.simihills.net

New in Simi Valley – Opening Spring 2006 – Now Renting – Schedule Tours

Description: 55+ community. No Long Term Lease – Month to Month – No Buy in Fees
Spacious studios, 1 & 2 bedroom apartments with several floor plans to choose from. All inclusive monthly rates (except personal telephone). Monthly rates include: Three delicious chef prepared meals daily served at your table in our elegant dining room, utilities, weekly housekeeping with linen services, cable television, free transportation, social calendar with planned activities, no-charge laundry facilities, chapel & church services, individually controlled heating & air conditioning, beauty salon, and barber shop on-site. Kitchenette with full size fridge and wet bar area, large spacious patio/balcony, exercise class, emergency pull cords, live-in managers 24 hours a day for immediate help. Monthly rent starting from \$1,695.00 – For more information
Contact Rental Managers – Anna Miller or John Stauffer – (805) 520-3474

St. Paul's I Residential Care

1431 Crocker Street
Simi Valley, CA 93065

Description: 6-bed facility. Ambulatory and non-ambulatory accessible. No SSI.

Thousand Oaks**Affable Elders Residential Home**

128 Erten Street
Thousand Oaks, CA 91360
805-495-4212

Description: Six-bed facility, meals served. Ambulatory and non-ambulatory accessible. No SSI. Activities provided.

Castle Hill Retirement Village

3575 N. Moorpark Road
Thousand Oaks, CA 91360
805-492-2471
805-492-7431 Fax
www.castlehill.com

Description: 2-bedroom, 1 bedroom and studio units. Month-to-month rental, condo-style residences, residential apartments, private personal care suites. Facility features entertainment and activities, fitness center, swimming pool, spa, 24-hour professional medical staff, meals, five day transportation, 24-hour staffed security, and a beauty salon. Shown by appointment only. Please contact Residency Office.

Compassionate Residential Care

415 E. Sidlee Street
Thousand Oaks, CA 91360
805-370-8104

Description: Six-bed facility, ambulatory and non-ambulatory accessible. Facility features catered meal service, regularly scheduled music activities, field trips, weekly transportation to beauty salon, and escort service to regularly scheduled medical appointments. No SSI. Personal care customized to each resident's needs. Also has a second facility in Thousand Oaks.

Cottages of the Oaks

Six locations in Thousand Oaks:

78 W. Gainsborough Road
Thousand Oaks, Ca 91360
805-449-1478

117 W. Gainsborough Road
Thousand Oaks, CA 91360
805-496-2004
805-373-5354 Fax

240 Gainsborough Road
Thousand Oaks, CA 91360
805-230-9102

1595 Norman Avenue
Thousand Oaks, CA 91360
805-496-3597
805-370-1615 Fax

767 Encino Vista Road
Thousand Oaks, CA 91362
805-373-5195

1435 Strawberry Hill Road
Thousand Oaks, CA 91360
805-371-5779

Description: Six persons per home. Dementia. Alzheimer's and hospice waivers. Wellness program includes home visits by medical doctor, medical director and/or Geriatric Nurse Practitioner, and podiatrist. Owner is a Registered Nurse and is on premises daily and on call in the evenings. On duty night staff. Residences feature private suites with private baths, private rooms and semi-private rooms. Bathrooms are barrier free with safety features. Outdoor barbecue, plus walking gardens in a secure setting. All homes located in residential neighborhoods, close to shopping, houses of worship, medical facilities and hospitals. Services include catered meals, snacks, special diets as prescribed by physician, transportation to activities and scheduled medical and/or dental appointments with caregiver in attendance, and social programs. Recreational programs include a variety of outings. Activities include art, crafts, music, exercise and pet therapy. Pet welcomed. One additional facility in Agoura (see Agoura Hills section of this guide).

Heartland Home Primary Care

952 E. Janss Road
Thousand Oaks, CA 91360
805-370-1336

Description: 6-bed, 3,000 square foot facility offering care tailored to each resident's needs and desires. We have CDs and videos of old movies and music by entertainers such as Lawrence Welk, Liberace, Dean Martin, Shirley Temple, and others plus puzzles ranging from simple to difficult, and other games and books. On-site piano enables us to have entertainment and music therapy on occasion. Visits by families and friends are welcomed; guests may also be invited to use dining room, living room, and patio for family birthdays and special occasions. 24-hour staff provides assistance with all daily living needs, medication management, working with resident doctors, RNs and physical therapists when needed for rehabilitation and other purposes. Dementia and hospice waivers enable Heartland to provide care to residents through end-of-life in most instances. Heartland Home is very proud of the fact that they have not been cited for deficiencies for over seven years.

Atria Hillcrest

405 Hodencamp Road
Thousand Oaks, CA 91360
805-373-0606
www.arvi.com

Description: 138-unit facility features private and semi-private units; studios, 1 and 2 bedroom units with kitchenette. Facility offers personal care, medication management, housekeeping/laundry, and full service salon. Three daily meals and snacks. Respite service available. Ambulatory and non-ambulatory accessible. Scheduled transportation, entertainment included. No SSI. An Atria Senior Living Group.

Hillcrest Royale

190 E. Hillcrest Drive
Thousand Oaks, CA 91360
805-371-0035

Description: 118-unit facility features private or shared studios and suites. Rents from \$1950/month. Amenities include food service, snacks, activity and game areas, housekeeping and laundry services, beauty/barber shop, program director and transportation service. Complimentary lunch and tour available. Assisted living services available. Ambulatory and non-ambulatory accessible.

Renaissance at Grand Oaks

2177 Thousand Oaks Boulevard

Thousand Oaks, CA 91632

805-370-5400

805-370-5401 – Fax

www.grandoaksseniorliving.com

Description: 122-full-service senior apartment homes located on approximately three acres of land. Rents start at the following rates – studio unit, \$2600; 1-bedroom, \$2900; deluxe 1-bedroom, \$3200; 2-bedroom, \$4300; deluxe 2-bedroom, \$4450. Fee for second occupant is \$595 per month. Monthly rental fee includes daily meals, weekly housekeeping, 24-hour staffing and security, emergency call system, activities director and programs, scheduled transportation, all utilities (except telephone), basic cable TV, and laundry facilities. Meals offered in restaurant-style environment. Individualized menu planning available for those with special dietary requirements. Residences offer kitchens/kitchenettes that enable residents to prepare their own meals when they desire. Additional amenities include private dining for special occasions, library, putting green, heated swimming pool, fitness center, parlor with piano; lounge areas for reading, games and socializing. Transportation available to nearby doctor appointments, shopping, religious services, bank institutions, postal services, as well as scenic excursions. Small pets allowed.

“Heritage” Personal Care Program is also available. Heritage Program is individually designed for residents who require additional care to meet their daily living needs. Services may include: medication monitoring; scheduled transportation; transferring and bathroom assistance; personal laundry; escorting to meals and activities; assistance with bathing, dressing and grooming; incontinence management; daily housekeeping. Short-term respite care available. Cost based on an individual private assessment provided by the Health Services Director. Located near the Gardens of the World, Civic Arts Plaza and Los Robles Regional Medical Center. Opened 2002. License #565800738

Royale Inn Residential Care

982 E. Janss Road

Thousand Oaks, CA 91360

805-370-1173

Description: 6-bed facility features catered meal service, regularly scheduled exercise, games, activities, field trips and videos, and offers entertainment once a week. Weekly transportation to Beauty Salon. Escort service to regularly scheduled medical appointments. Personal care customized to each resident’s needs. All units are accessible to non-ambulatory. Hospice and dementia waivers. No SSI. Second facility in Thousand Oaks (Compassionate Care).

Thousand Oaks Home Care, II, III, IV

143 W. Sidlee Street
Thousand Oaks, CA 91360
805-494-8860
www.tohomecare.com

Description: Four 6-bed facilities. Services include three daily meals, linen and laundry service, assistance with grooming, showering, and dressing, medication management, and more. Ambulatory and non-ambulatory accessible. No SSI. Alzheimer's/dementia waiver.

Thousand Oaks Royale**Torch**

45 Erbes Road
Thousand Oaks, CA 91362
805-495-4657

Description: Newly remodeled 60-room assisted living community in the heart of Thousand Oaks with emphasis on elderly population. Facility offers creative activity program, meal service, and customized personal care. Facility features many common areas for residents to enjoy. Dementia waiver.

Ventura**Aegis Assisted Living**

4964 Telegraph Road
Ventura, CA 93003
805-650-1114
805-650-6283 Fax
www.aegisal.com

Description: Two-story, 84-unit facility. Located near Ventura College on the corner of Telegraph Road and Day Street. 49 studio and one bedroom apartments. 35 private studio apartments in Life's Neighborhood, specially designed for those with Alzheimer's or dementia. Facility features Family Room with video-conferencing, Internet access, and library of music, books, periodicals and video games. RCFE #565-800-683.

Elms Residential Care

67 E. Barnett Street
Ventura, CA 93001
805-643-2176
www.the-elms.com

Description: Offers private rooms (with bath) and semi-private rooms (with adjoining bath). Services include 24-hour emergency care, three meals and snacks daily, transportation, pharmacy delivery, assistance with bathing, full housekeeping, personal laundry service, social event planning, beautician, hairstylist, manicurist, medical screening, podiatry care, and more. Ambulatory and non-ambulatory accessible. SSI accepted.

Renaissance at The Lexington

5440 Ralston Street
Ventura, CA 93003
805-644-6710
805-644-7907 – FAX
www.renaissanceSL.com

Description: Three-story community offers 110 full service independent and assisted living senior apartments located on approximately nine acres of landscaped grounds and gardens which feature a centrally located outdoor courtyard, year-round heated pool and Jacuzzi. Monthly rental fee includes daily meals, weekly housekeeping, 24-hour staffing and security, emergency call system, activities director and programs, scheduled transportation, all utilities (except telephone), basic cable TV and laundry facilities. Meals offered in restaurant-style environment. Additional amenities include private dining for special occasions, theatre, library, lounge areas for reading, games and socializing. Transportation available to local doctor appointments, shopping, religious services, bank institutions, postal services as well as scenic excursions. Small pets allowed. "Heritage" Personal Care Program is also available. The Heritage Program is individually designed for residents who require additional care to meet their daily living needs. Short term respite care available. License #565800507. Monthly rentals start at \$1840.

Sunrise Assisted Living of Ventura

Information Center Address:

1177-A South Victoria Ave.

Ventura, CA 93003

T805-650-8000

805-650-8001 Fax

Community Address:

1200 Cypress Point lane

Ventura, CA 93003

Description: Opened September 2003. A 76-unit assisted living community with a special neighborhood for the memory impaired. Twelve-unit Reminiscence Neighborhood is a separate, safe, secure area dedicated to residents with Alzheimer's disease or other memory-related impairments. 24-hour personalized services tailored to individual needs.

Treacy Care Home

3482 Loma Vista Road

Ventura, CA 93003

805-644-1292

Description: 49-bed facility. Residential care facility and Alzheimer's care. Entertainment offered several times a week. Three to four meals, plus two snacks provided daily. 24-hour care. Ambulatory and non-ambulatory accessible. Beautician visits site every Thursday; included in monthly rate. Afternoon excursion and Hospice Care.

Ventura Townhouse Retirement Community

4900 Telegraph Road

Ventura, CA 93003

805-642-3263

800-540-4900

www.Towne-house.com

Description: Offers both independent and assisted living. Choose from a studio or one bedroom apartment in the seven floor tower, or a one or two bedroom garden apartment. Prices start at \$1940/month. Monthly rates include weekly housekeeping service, emergency response system, scheduled transportation, planned activities, choice of breakfast or lunch, the evening meal, and all utilities except for telephone. Add an additional \$100 for a third meal. Amenities at The Townhouse include: exercise/fitness center, library, beauty/barber shop, laundry rooms (free of charge), private banquet room, and more. Ambulatory and non-ambulatory accessible. No SSI.

West Hills

West Hills Retirement Center

7055 Shoup Avenue
West Hills, CA 91307
818-883-7201
818-883-4055 - Fax

Description: 45-room retirement community featuring 24-hour staffed security, medication assistance, spacious private and semi-private rooms, central community areas, full-time activities director, fitness programs, home cooked meals and transportation. Entertainment and Family Days are featured at the Center monthly. Conveniently located near medical facilities, shops and senior services. In-house beauty salon and doctor visits. Private Room - \$2,250 and up; Shared Room - \$1200/month. All rooms include three meals, snacks, housekeeping, transportation to 5 appointments, medication assistance, and in-house activities. Bathing assistance is \$100/month and laundry service is \$75/month. License #197602491.

REFERRAL INFORMATION

California Registry

800-451-2273

Description: Free public service licensed by State of California, Department of Health Services, will provide referral information about short- or long-term housing in assisted living, retirement, and nursing homes – all levels of senior care. Information and referral is state-wide. Call toll-free number for referrals.

California Senior Living

P.O. Box 1254

Thousand Oaks CA 91358

(866) 275-4800 Toll Free

www.CaliforniaSeniorLiving.com

Located in Ventura County. A free community service for seniors and their families exploring Assisted Living as an option. We can assist you in finding the right Assisted Living facility anywhere in Ventura County and the State of California, with individual's needs and budget in mind. Toll free number assistance. A staff member can also arrange a free consultation for individual and their family at their home. When possible, staff can accompany and provide transportation to facility for a site visit within Ventura County.

Concepts for Living

6351 Owensmouth Avenue, Suite 202

Woodland Hills, CA 91367

800-414-4242

818-340-7272

818-340-7283 Fax

www.conceptsforliving.com

Description: Provides referrals for retirement hotels, board and care facilities, Alzheimer's homes. Works with a database of over 600 homes and community residences. All facilities personally pre-screened. No charge to customer; facilities pay Concepts for Living a one-time fee when a client moves into a residence. Covers the Greater Los Angeles area, Ventura county and neighboring counties. Office hours – Monday through Friday 8:30 a.m. – 5:30 p.m.; available seven days a week.

Connections Referral Service

2658 Griffith Park Boulevard
Suite 224
Los Angeles, CA 90039
800-330-5993

Description: Free service licensed by the Department of Health Services to provide information and referrals for retirement, assisted living, nursing and Alzheimer's homes. Each home is personally visited and evaluated in terms of atmosphere, quality and level of care, staffing, experience of administrator and more. Ask for Jason or Kate.

Elderlink

800-613-5772

Description: A free licensed referral service. Referrals to skilled nursing facilities, board and care home and retirement communities. Licensed by the Department of Health Services.

Retirement Living Referral Agency

800-813-7007

Description: Free community service helps locate appropriate living facility at no charge to consumer. Goal is to match senior's geographic, financial, social and physical needs with the highest quality facilities. Over 500 SSI and Medi-Cal facilities on file. Personally visits, evaluates and rates every facility in Los Angeles and Orange counties. All levels of care, including Board and Care, Assisted Living facilities, Retirement Communities, Skilled Nursing Center and Alzheimer's/Dementia homes. Service is available 7 days a week. Licensed by the State of California Department of Health.

RESOURCE INFORMATION

Area Agency on Aging – Ventura County

MSSP – Multipurpose Senior Services Program
77 N. California Street
Ventura, CA
805-641-4420

Description: Community-based service provided by Ventura County AAA. MSSP provides support to frail elderly who are vulnerable to premature and inappropriate placement in a skilled nursing facility. The program provides case management and coordinator of services to people who are certifiable for nursing facility placement, 65 or older, receiving Medi-Cal, Ventura Country residents. Services include client assessment and care planning, service arrangement, purchase of additional needed services not available through family or other programs, and case monitoring. Open Monday – Friday, 8 a.m. – 5 p.m.

Eldercare Connection

690-A Los Angeles Avenue
PMB 341
Simi Valley, CA 93065
805-578-8811
805-522-5907 Fax

Description: Eldercare Connection works with the family and the elder client to determine their needs and establish a course of action to meet those needs. Eldercare Connection provides comprehensive services that include an in-depth assessment to determine available resources, needs and abilities, written care plans, and referrals to services needed. Also offers counseling and support to the caregivers and family members. Firm will act as advocate for elder. Other services include assistance with mail management, grocery shopping, ongoing monitoring of in-home care, escort to medical appointments and liaison between doctors, insurance companies and client. If placement becomes necessary, firm will assist finding suitable facility. There is a fee for assessments, consultations and ongoing services. The Eldercare Connection specializes in the care of the frail elderly, those with dementia and the families care for them.

Eldercare Locator

800-677-1116

Description: National toll-free number designed to help seniors connect with community resources. When you call, you will need to have senior's address, including zip code, and a brief, general description of the type of assistance needed.

Long-Term Care Ombudsman Program

1841 Knoll Drive

Ventura, CA 93003

805-656-1986 – Ventura County

805-373-7371

800-231-4024 - Nationwide

Description: A resource for patients or residents of long-term care facilities. Ombudsmen work with residents, family members, and facility staff to resolve problems and complaints concerning patient rights, quality of care, abuse, physical environment, and other related issues. Call for a referral to the Ombudsman in your county.